



# ILLINOIS VALLEY WHEELM'N



greater peoria's bicycle club

Email @ iwheelmn@yahoo.com

February, 2006

pg. 1



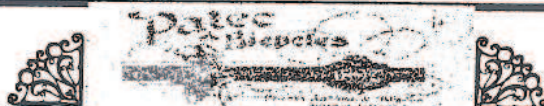
This is your first newsletter from new editor Denny Sans. My thanks to Cora-Lynn Green for her tutelage in this endeavor.

Please send me any information you would like included in the following month's newsletter, no later than the 15th of the month prior to the month in question (deadline). I also would like to invite submission of digital pics, for publication, indicating if you want them placed in a special format. Please submit as you find appropriate:

- Ride "stories", jokes/humor, anecdotes
- Requests for member caricatures (to appear in newsletter) done by this editor (no more than the first 2 received in any one month). Of course, I'll need a photo of the person you want caricatured.
- Classified ads (commercial ads are \$20.00 ea.)
- Event happenings beyond the regular club schedule
- Info on scheduled rides, name of leader, dates, times, Level, etc.

I can be reached at: <thesans@insightbb.com> or call 347-8740  
Please send all digital pic files as JPEG, or PDF, or TIFF file formats.

Finally, I plan to do a series of "cycle cartoons" with one or two appearing every month. I would appreciate your comments on my efforts whenever you can find time to send me an email.....Denny S.



## COMING EVENTS: February Club Meeting- "Antique Bikes"

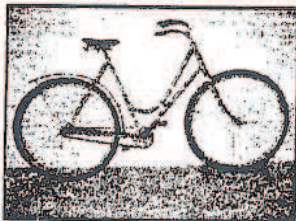
Marty Potts speaking on "Antique Bikes" including an overhead pictorial, and a rousing ditty song about the bikes will be held at Safety Town, 6518 N. Sheridan, Peoria on Feb. 8 at 7:00 pm

I spoke to Marty over the phone and he gave me this background info. Originally, back in the era of the Peoria Rubber Tire and Bike Co., formerly located at the site where the Pabst Brewing company used to be in Peoria Heights, close to Seiberling St., the manufacture of bikes was a hot growing business. During this time, and some fewer years after (the golden era of bicycling right before the advent of the automobile) there were nearly 3,000 different bike makers through the USA.

Several other manufacturers were located in the area now occupied by part of Bradley University, and at the site of the defunct Cohen's building on Adams St. in downtown Peoria. One of the first successful bikes produced by Peoria Rubber Tire was called the Patee, of which there were several models.

Marty's presentation will center on bicycles manufactured in the Peoria area. He said that he has brought to Safety Town an example of the Penny Farthing type bike (huge front wheel, teeny, little rear wheel) at a prior time, which sort of disappointed me, because that's one that I have always wanted to see and have been amazed by. Doing a little internet research, I discovered, as many of you probably knew way in advance of me, the wheel difference in the Penny Farthing was to allow for appreciable speed in lieu of an effective gearing method. The bikes were so unsafe, riders were encouraged, when going down an incline, to put their legs over the handlebars so if they did strike an impediment, as they were thrown forward, maybe they would land on their feet instead of taking a "header". Going a little further, I explored the Schwinn bike Co. history, discovering for myself that the old man, Ignaz Schwinn invented the balloon tire because on a return trip to Germany he noticed their early 1900's bike's had wide mushy tires to counterbalance the cobblestone streets of that era's Germany.

I loved my Schwinn when I was 12 yrs. old. See you, Feb. 8 - Denny Sans



1897 Patee ladies bike on the left, and tandem IDE Patee on the right.



(More pictures on pg. 7 of newsletter)

Also, other upcoming events:

March 8 - Lou McMurray speaking on a Tour de France biking/touring vacation.

Meet at Godfather's Pizza, 618 Glen, Peo., 7:00 pm

April 12 - Edith Albright speaking on "Biking Across the USA", TBA

May 10 - Swap Meet So start thinking of all that junk (oops, er, bike accessories) you don't need, but someone else could use. TBA



**New Members:**



Rob Farlin, ..... Green Valley \*^  
Justin McWhirter ..... Bloomington\*^

**Renewing Members:**

Jerry Allen..... Morton\*  
Ron Anderson..... Washington\*  
Dale/Sharon Cook/family..... Pekin\*  
Steve Daggs..... Washington\*^  
Rolla Godfrey..... Toulon\*  
Shelia Gribble..... Dunlap\*  
Eric Hutchison..... Peoria\*^  
Dave and Maria Nelson..... Morton\*  
Mark/Vicki Padesky/family..... Peoria\*  
Melvin Perrill..... Pekin\*  
Fred/Marilyn Smiser\*..... Pekin\*  
\* LIB ^ Advocacy

**BUSHWHACKER" BIKE FIXUP CLINIC...FEB. 21**

Bushwhacker, 4700 N. University, is hosting a bike clinic for the Peoria Triathlon and Wheelm'n clubs. at 6:00 - 7:30 pm  
The purpose of this clinic is to provide information on basic maintenance and repairs, including :

-Changing a flat tire - you will change your own, under their watchful eye(s). Bring your own wheel, tire levers, and pump / CO2 pump & cartridges. For \$2.00, you can buy a replacement tube - levers, pumps, etc. will also be available for purchase.

**YOU WILL BE SHOWN:**

--What to do when your chain comes off -- Cleaning your chain --Other basics you should know. --Knowledgeable staff will answer any questions that you might have.

Bushwhacker is putting this clinic on free, and they offer a 10% discount to club members on all purchases. The store will be open exclusively for us. Be sure to thank them for their time. Start out the new cycling season with new tubes! Please RSVP me, Beth Haynes, and let me know your wheel size, 700 or 650. <trigirl76hotmail.com>

**CLASSIFIED ADVERTISING**

This little blurb is just to remind all club members that we will make space for their Classified ads free of charge, when those ads are sent to me at <thesans@insightbb.com> before the 16th of the preceding month. Ads will be edited for length. Commercial advertisers can contact the club as to price and availability of space. at : iwheelmn@yahoo.com

**WINTER BICYCLE MAINTENANCE**

**RUSSELL'S CYCLING/FITNESS, WASH. , IL**

We at Russell's recommend a full cleaning of your bike, removing all excess dirt, bug guts, mucus, and other unmentionable debris. Follow this with a lubricant of your choice but our personal favorite is "Krytech" by "Finish Line". Use this on your chain, derailleur pivots and pulley, brake pivots, and wherever a cable is exposed outside of it's housing. Try to avoid getting lube on your brake surfaces and shift levers, as this can cause poor braking and sticky surfaces. For wax we recommend a light spray clean and polish product for monthly use but for longer protection, a hard carnuba wax is much better. For more recommendations, see "Waterford Precision Bicycle's" website for additional info.

....The location of your storage is important too. Don't store your bike in direct sunlight. This can damage paint, grips, tires, and saddle. Store your bike off of the ground. The best way to hang your bike is by the frame or wheels. Try to store your bike where there will not be a large change of temperature in a short time, as condensation can form, and break down the finish on surfaces. The best place to store it is in your living room where you can look at your bikes during commercials and wipe them down. But, in an imperfect world, where bikes are shut in a cold damp garage or basement, just keep in mind the better we maintain them, the better we will enjoy when the weather turns....

Terrie Sans, Russell's Cycles (W.Sans)

**WANTED: Material for newsletter articles from all riders who have not appeared in print in the newsletter previously (you heralded persons can send in stuff too). What we would especially like is personal tidbits about you and your cycling family, and the rides you participate in....Kathy John, Pres., Dennis Sans.....editor**

**TIDBITS, REMINDERS**

**MARCH MEETING, 3/8, WILL TAKE PLACE AT GODFATHERS PIZZA, PEORIA, LOCATED AT 618 W. GLEN (EAT/MEET OPTIONAL, \$6.26 BUFFET)**

Club meetings are every 2nd Wed. of each month, at 7:00 pm. Board meets prior to club meeting at 6:00 pm. Meeting location changes, and will be announced in newsletter.



**BIKE TRACKS.....**



**IV WHEELM'N CHAIRPERSONS:**

**PRESIDENT:**  
Kathy John, 243-9191  
runners2@npoint.net

**VICE PRESIDENT:**  
Bill Clark, 347-4841  
wdclark@mtco.com

**SECRETARY:**  
Pam Hoehne, 694-482  
pams@mtco.com

**TREASURER:**  
Shelia Gribble, 243-7822  
sgribble4@juno.com

**RIDE CHAIRMAN:**  
Laurie Wilbur, 446-9367  
rcwilbur@att.net

**SOCIAL CHAIR & MAILING:**  
Bonnie Johnson, 682-7771  
bon1jon2@sbcglobal.net

**DATABASE:**  
Larry Davis, 691-3060  
davis.lar@insightbb.com

**ADVOCACY/GOVERNMENT RELATIONS:**  
Eric Hutchison, 688-7038

**EDITOR:**  
Dennis Sans, 347-8740  
thesans@insightbb.com

**WEBMASTER:**  
Bill Clark 347-4841  
wdclark@mtco.com

☀ OPPORTUNITY: "Tour de France 2006" July 1 - 15, Ultra distance and climbing tour. A marathoner's delight. One week option available. "Yellow Jersey Adventures" email, yjadventures@aol.com (for more information)

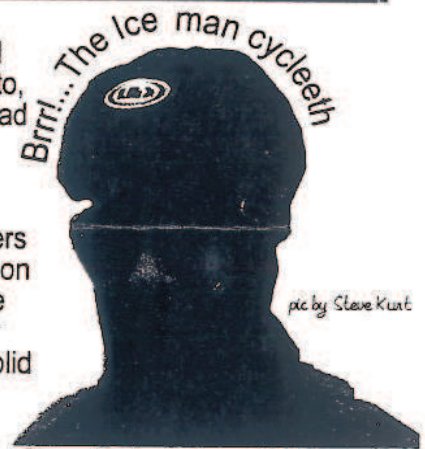
☀ COMING UP: May 2006 is "National Bicycle Month". Celebrate with a limited edition license plate set. These may be displayed on vehicles instead of regular plates during April and May, 2006. A color picture of the plate, as well as an order form can be obtained at the League of Illinois Bicyclists at <www.bikelib.org>. (also, look on pg. 7)

☀ NEWS: The League of Illinois Bicyclists has won an IDOT traffic safety grant to produce and distribute a "Share the Road Lesson" to high school driver education programs. A video DVD and teacher's guide will focus on proper vehicle/bicycle interactions, addressing cyclists rights. In addition to the grant, many clubs and individuals contributed to the funds necessary for this effort. If you would like to offer expertise in script writing, video productions, or other assistance, drop a note at <lib@bikelib.org>.

☀ NEWS: The web address of the future for the Wheelm'n is <illinoisvalleywheelmn.org> or <ivwheelmn.org>, when the new website is up and running. Stay tuned for further announcements about this cool development. Bill Clark and Justin McWhirter are working diligently to produce a quality new website. Stay tuned for new developments.

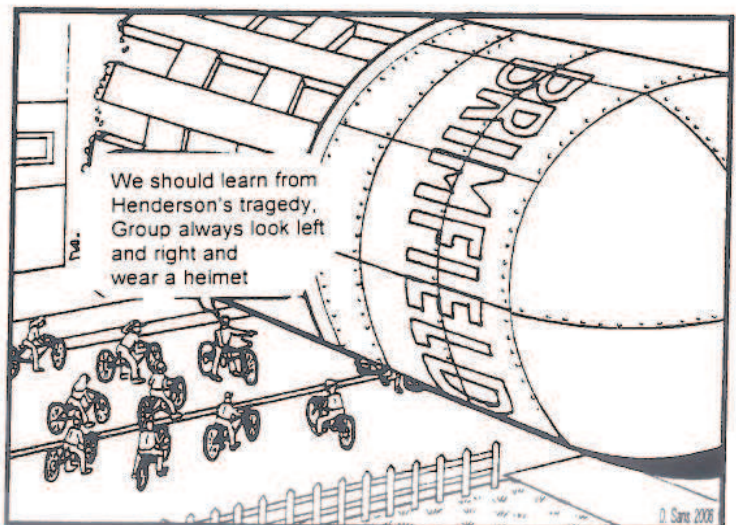
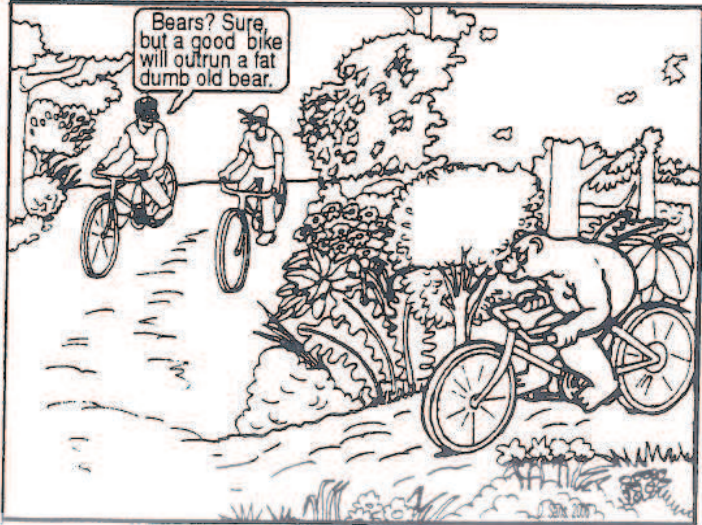
☀ OPPORTUNITY: Bicycle Tour of Colorado. June 25 - July 1. "TELLURIDE LOOP" 12th Annual Tour. 460 miles, total elevation climb, 38,000 ft.+<www.bicycletourcolorado.com >

**RIDER FEATURE: STEVE KURT:** I contacted Steve by email and he was gracious enough to send me a photo, appearing at the right. He explained the following. "I used to lead a night ride and have participated in a Sunday joint leadership ride. Interest sort of died out when the temps. went below 20 degrees F. I don't have any amusing stories, except to say I'm glad not to have contracted frostbite, leading to the loss of fingers or toes. If I get a chance, I'll get back to you about suggestions on suitable clothes to consider on cold weather rides. In my picture you can see that condensation from one's breath will find many surfaces to freeze on, The wrap around my mouth will freeze solid around the mouth, but no icicles." PS. In March, 2006, we'll feature Steve's recipe for happy warm-clothing cold weather riding. ☀



Steve Kurt, stalwart inclement weather biker, 8 F. temp.

**DENNY'S SPOKESTOONS'**





## Illinois Valley Wheelm'n Winter Ride Schedule, 2006

*Closely view departure dates and times!*

**Daytime Tuesday Dunlap Show and Go** All levels of riders depart from the Dunlap Grade School at 10:00 am, weather permitting. We will ride if it is 40 degrees or warmer. Distance around 25 miles. Contact Laurie Wilbur (446-9367)

**Saturday Show and Go Washington Level 3** Ride meets at Washington Square at 8:30 am all year. Distance varies from 25 - 60 miles.

**Saturday Show and Go, from Russells all levels** Meet at Russell's in Washington at 8:30 am Saturday. Distance ranges from 25 - 40 miles and includes a meal stop.

**Sunday Show and Go Metamora Levels 1 & 2** Meet at Metamora's town square at 1:00 pm. Distance 20 - 30 miles. North route to Washburn or South route to Roanoke. Contact person Pam Hoehne (694-4828) or PAMS@intco.com

**NOTE: The Spring, 2006 weekly ride schedule will appear in the March newsletter. We will begin the Spring riding schedule in April. The IVW will continue to offer a ride every day of the week, in addition to our many special rides during the season. I also have some new special rides planned for this year. I look forward to a great bicycling season..... Laurie Wilbur**

**RIDE LEVELS: ( More details regarding ride levels is available on the website. Ride leaders can be contacted for specific details concerning their rides)**

**Beginner/Family** These rides are at a casual pace averaging less than 12 miles per hour and ride as a group.

**Level 1** Rides average 12 -14 miles per hour and regroup on a regular basis.

**Level 2** Rides average 13 -17 miles per hour and regroup occasionally.

**Level 3** Rides average 17 miles per hour and over. Riders may regroup periodically but should be prepared to ride in pace lines to keep from being dropped.

**Show and Go** Rides have NO leaders. The distance and speed is decided upon by the group, but governed by the ride level designated.

### **Ride Rules:**

- 1.) Riders must obey all Illinois Traffic Laws.
- 2.) Ride no more than two abreast and single file at intersections and in traffic.
- 3.) When riding in a large group, create space to help motorists pass safely.
- 4.) Use hand signals and obey all traffic signals.
- 5.) Check all intersections for traffic. Avoid "group think".
- 6.) Warn riders of potholes, dogs, cars, and other obstacles.
- 7.) Riders are strongly encouraged to wear approved helmets.
- 8.) Riders should make certain their bikes are in good working order.
- 9.) Riders should carry water and a spare tube for their wheel size.
- 10.) Riders should be prepared for weather conditions. Most rides will take place in all weather.
- 11.) Riders should arrive in time to be ready to ride at the start time.

IVW affiliated with the "League of American Bicyclists" On the Web at  
<http://geocities.com/ivw.geo> (Enter address as one line, no spaces)



Well, at this writing I'm ready to wrap up the information part of the Feb. newsletter, so here's two last items to add that were happenings or materials that came to me later in Jan. One is the **Pedal Peoria 2006** Event, and the other is the **Triathlon presentation** at the Proctor Hosp. Professional Bldg. on Jan. 11.....your editor, Denny Sans

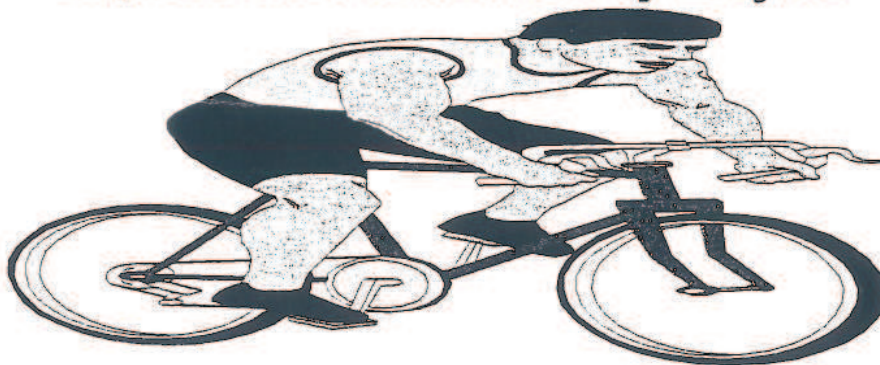
The **Peoria Triathlon** presentation on Wed., Jan. 11 was attended by about 15-20 persons. Cookies and coffee were graciously supplied by Kathy John, club president and Laurie Wilbur, Rides chairperson.. I discovered surprisingly enough that the Triathlon club has been in existence for only about 1 year. It was started up after one individual from the area had visited Belgium and had been inspired by organizations in that country relative to Triathlete activities/organizations. Through the months after this experience and getting other like--spirited people in the area involved and connected, efforts were made to organize events and secure times and locations for training. The area which seemed to be lacking the most, in terms of ability and a training regimen was deemed to be swimming. A college coach interested in the club got the ball rolling by devising a training schedule which alternated with the facilities of the "Riverplex" and Central High School swimming pool. Soon afterwards, progress was made in this area of the 3 main events. The club also has an affiliation with the "Tri-Sharks," another Triathlete organization.

To conclude the meeting, we were shown an entertaining and informative Triathlon Club slate of outdoors events occurring in local regions. The whole video was set to upbeat rock music synchronized to the events taking place. The speaker, Rich Giebelhausen (most likely to recover with beer award) was informative and laid-back. The club has published a Winter 2005 newsletter which indicates membership offers ranging from a "free Tri-Peoria race belt" to "discounts for purchases made from our sponsors"

To obtain more information about the club, go to <tri-peoria.org> on the web.

## ***Pedal Peoria 2006***

**Explore the Peoria Area by Bicycle**



**Sponsored by the Illinois Valley Wheelm'n & Lakeview Museum of Arts and Sciences**

Selected Rides cosponsored by the Peoria Historical Society. All rides are designed for the casual rider, 13 - 15 miles (one steep hill) Approximately 2 hours, starting at 6 pm(except April 23, June 17 & August 13)

**ALL ARE WELCOME! NO FEE OR REGISTRATION**

**RIDE EXAMPLES:** APR. 23(first ride): EARTH DAY RIDE: START AT LAKEVIEW MUSEUM. CELEBRATE EARTH DAY. VISIT URBAN WOODLAND. GLEN OAK, LAKEVIEW PARK.

**JUNE 22:** SCULPTURE RIDE: START AT BRADLEY UNIVERSITY. HIGHLIGHTS, VARIOUS SCULPTURES AROUND PEORIA, PRESTON JACKSON SCULPTURES.

**AUGUST 13:** TOUR OF THE SOLAR SYSTEM PLUS HIGHLIGHTS FROM THE HISTORY RIDE. START AT LAKEVIEW MUSEUM, MAIN ENTRANCE AT 7:00 AM. THIS 3 HOUR, 24 MILE RIDE WILL TOUR THE PLANETS FROM MERCURY TO SATURN IN PEORIA'S COMMUNITY SOLAR SYSTEM.

**FOR INFORMATION, CALL RIDE LEADER SHELDON SCHAFFER 686-7000 OR <SSCHAFFER@LAKEVIEW-MUSEUM.ORG>**



# **Wheelm'n Fun page**

I asked the club Prez, Kathy John if we could extend the Newsletter by 2 pages for this edition(just for fun) even though there isn't that much material coming in for publication, because most folks are in hibernation right now. She's a gruff person, but after begging a little, she gave in. So, here it is.....

pg. 6

## **DIDJA EVER WONDER?**

Tires losing air is a curious thing, as it appears there is the matter of a seemingly impenetrable wall of rubber. Even more curious is the common observation that tires on a unused bike seem to lose air faster than on the same bike if it is used continuously. Here are some bike club members answers.

Liam Gustoffsen - "As you ride along, the air caught between the tire and the ground is pushed into the tire, replacing the air that has leaked out."

Yohan Woodhead - "I think that the white powder in the tube clogs the pores of the rubber wall. When you ride, you spread that powder all around. When you don't ride, the powder settles in the bottom of the tire, allowing pores elsewhere to be open."

Jacque Dinglehoff - " The real reason is that the tires are real enthusiastic about riding. As long as you keep riding, they stay pumped up."

Alice Sternchuk - "Friction"

Oscar Lavale - "Years ago, tire manufacturers considered ways to reduce the weight of inner tubes, When they studied the issue they found that the most air loss occurred when the bike was in use. This, they reasoned was because, air under centrifical (spinning) force was lost through the outer wall. If they thinned the inner wall, they reasoned, they would have their weight reduction, and would be at the same place holding air when the bike was used. However, when the tires were motionless, air loss would be much greater because pressure against the thin inner wall would result in greater overall loss."

Olivia Winterfurter - "I explained to Alice that her cat was sucking the air out of her tires(that's what's happening to mine). She however claims not to have a cat. Perhaps it's dust mites." 🌀

## **SPOKES JOKES:**

"Murphy's Bike Law" All bicycles weigh 50 lbs."  
A thirty lb. bike needs a 20 lb. lock, a 40 lb. bike needs a 10 lb. lock, and a 50 lb. bike doesn't need a lock.

A biker is riding along a country lane, when a sparrow flies up in front of him. The biker can't stop, and hits the sparrow. As he looks in his rear view mirror, he sees the sparrow lying in the road. Being a cyclist, and all of those are conscientious, he rides back, and picks up the sparrow. Back home, he puts the still unconscious sparrow in a cage. When the sparrow wakes up the following morning, he looks through the bars of the cage and says, "Crap, I must have killed that biker".

A tired cyclist stuck out his thumb to signal someone to give him a lift. After many hooting motorists passed him by, a young kid in a fast new car offers him a ride. Realizing that the bike wouldn't fit inside his sporty vehicle, he tied a rope between his car's bumper and the front of the bike. Before starting up, he told the cyclist, "If I go too fast, ring your bell".

Everything went well until another fast car passed up the first driver and forgetting about the bike behind him, the first driver chased the second car. Both cars flew, at over 100 mph, past a radar trap. The radar cop radioed ahead that two cars were headed toward another cop in on the trap. He then relayed, "Also, you're going to think I have some loose screws, but there's a cyclist behind them ringing his bell to pass".

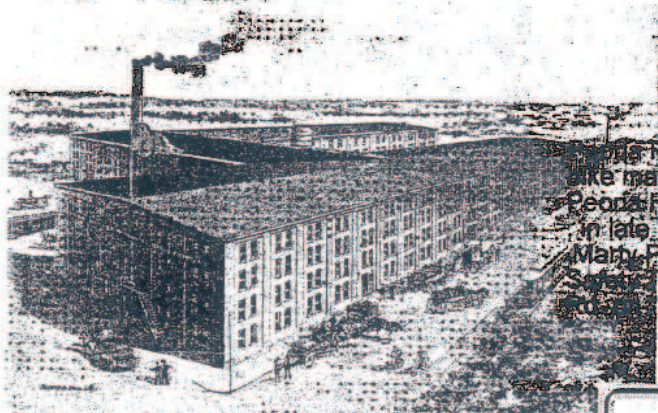
Trudy and Dave came across an elephant while they were out on a regular bike ride one day. Not knowing what to do, Dave offered, "I know! I'll take him to the zoo. Trudy thought that was a good idea, so she peddled on home, while Dave took off with the elephant. The next day Trudy was riding her bike and saw Dave leading the elephant. When she asked him why he hadn't taken the elephant to the zoo, he said, "well, I did, and today I'm taking him to the movies". 🌀



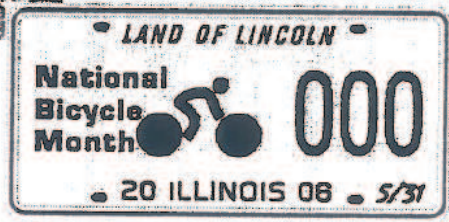


A great time was had at the New Year's Ride, which was hosted for the second year in a row by Brad Neimcek and Sharon Murphy. Approximately 25 riders participated in the 20+ mile bike ride. After the ride they returned to Brad and Sharon's home to partake in some great food and conversation with their fellow cyclists. Bill Clark remarked that he logged in 16.1 miles, some did more, and that the wine flowed like ancient Rome.

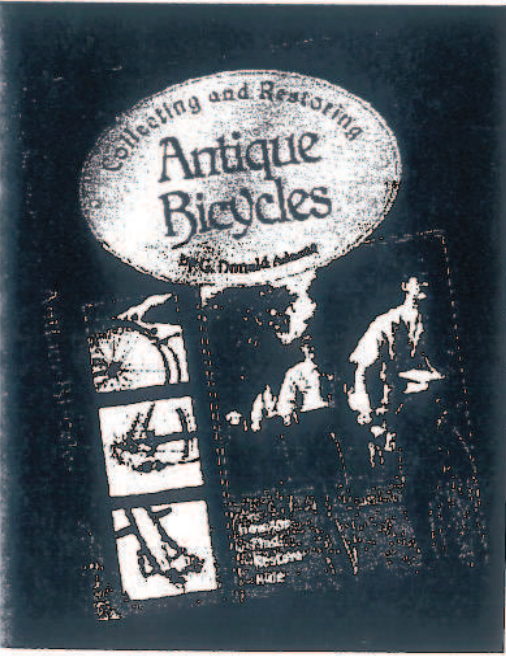
*pics by Bill Clark*



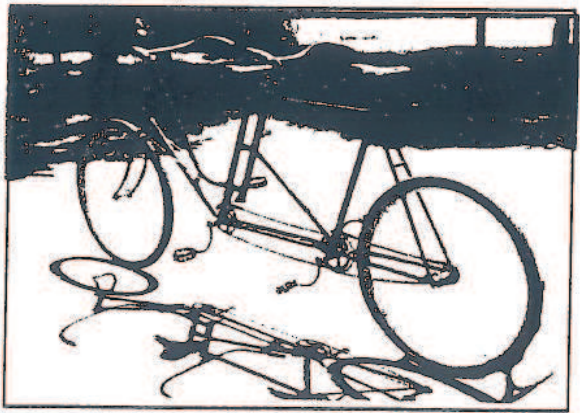
Rubber Tire Mfg. Co. bike maker formerly located in Peoria. Hts. off of Seiberling St. in late 1800's-early 1900. Hear Marty Potts, Feb. 8th, 7:00 pm, Safety Town, 6518 N. Sheridan "Antique Bikes"



Check out license plate info. on page 3( Ill. Year of the Bicycle)



ascinating reading on collecting and restoring antique bicycles. See Marty Potts Feb. 8 presentation on antique bicycles



IDE Patee Tandem made at Peoria, @ 1897, see at Marty Pott's presentation, Feb. 8th *p.c. by Marty Potts*



Contemporary man on Patee Tandem as seen in Fun House "Crazy" mirror. See Marty Pott's antique bikes, Feb. 8th, Safety Town



# ILLINOIS VALLEY WHEELM'N MEMBERSHIP APPLICATION

Name #1 \_\_\_\_\_ Birthdate \_\_\_\_\_  
(please print clearly)

Name #2 \_\_\_\_\_ Birthdate \_\_\_\_\_

Name #3 \_\_\_\_\_ Birthdate \_\_\_\_\_

Name #4 \_\_\_\_\_ Birthdate \_\_\_\_\_

E-mail address (print clearly) \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip + 4 \_\_\_\_\_  
Zip +4 look-up website: [www.usps.com/zip4](http://www.usps.com/zip4)

Phone( ) \_\_\_\_\_

Signature (Name #1) \_\_\_\_\_ Date \_\_\_\_\_  
(Parent or guardian, if registrant is under 18)

Are you renewing, or is this a new membership? (check one)

Renewing  New

If new, how did you find out about the club? \_\_\_\_\_

Are you a LAB member?(check one)

Yes  No

Basic membership:

Individual (\$10) \$ \_\_\_\_\_

household (\$12) \$ \_\_\_\_\_

Voluntary advocacy contribution:  
(\$5, \$10, \$15, other) \$ \_\_\_\_\_

Total enclosed \$ \_\_\_\_\_

DISCLAIMER: In signing this form, I understand and agree to absolve the officers and members of the Illinois Valley Wheelm'n Bicycle of all blame for any injury, misadventure, harm, loss, or inconvenience suffered as a result of taking part in any activity sponsored or advertised by said organization

Make check payable to: ILLINOIS WHEELM'N, 6518 North Sheridan Rd. Ste. 2, Peoria IL, 61614 -2933

ILLINOIS VALLEY WHEELM'N  
6518 SHERIDAN RD. STE. 2  
PEORIA, IL 61614-2933

PRSR. STD.  
U.S. Postage  
**PAID**  
Peoria, IL  
Permit No. 310

SHARE THE ROAD...MEMBER TIL:11/27/2006

RON ANDERSON  
203 LOCUST ST  
WASHINGTON, IL 61571-2207