



# ILLINOIS VALLEY WHEELM'N



March 2006

greater peoria's bicycle club

Email @ [iwwheelmn@yahoo.com](mailto:iwwheelmn@yahoo.com)



## THE PREZ. SEZ,

Resolve to be active in your club. If you didn't make a new year's resolution this year or already broke the ones you set, make a resolution to be more active in the Wheelm'n. I know we are way past the new year but we are now starting a new season of cycling. The IVW Breakout Ride is April 8th when we officially declare it's time to dust off the bikes and get outside for some fresh air riding.

Start out fresh this cycle season with a resolve to be more actively involved with your club. You don't have to be a board member to get involved. We always need ride leaders or if not a leader we can use a sweep at the end of the group of riders to make sure all get back safely. Contact the IVW ride chair Laurie Wilbur, at [rcwilbur@att.net](mailto:rcwilbur@att.net) or call 446-9367 if you are interested in leading a ride or being a backup or sweep for a particular ride.

Speaking of backups we need a back up data person. Larry Davis has been doing the club database managing for many years. We all appreciate what Larry has done and continues to do for the club but in cases when he needs time off or has an emergency then a backup person is needed. Please contact Larry at [davis.lar@insightbb.com](mailto:davis.lar@insightbb.com) if you are interested in helping him fulfill his role.

We have a new newsletter editor, Denny Sans, but we can't expect him to write all the stories and take all the pictures for the newsletter. If you can take some decent digital photos at an IVW event for the newsletter and webpage, that would be of great service. If photography is not your hobby how about writing a story for the newsletter? If you've been to a great weekend or week-long bike ride, please write up a paragraph or two about your experience and send it to Denny at [thesans@insightbb.com](mailto:thesans@insightbb.com). The newsletter needs a wide variety of articles on biking such as: stories about families biking together, stories about a tandem or recumbent ride, stories about IVW rides or events, etc..

The "NO BALONEY RIDE" is coming up in September, and it's never too early to volunteer to help out for the club's annual ride. Volunteers are needed at registration, food stops, cleanup, teardown, etc. Please contact Mike Pula at [mrpula@hotmail.com](mailto:mrpula@hotmail.com) if you can help out in this major IVW event.

There are lots of ways to volunteer: ride leader, backup ride leader, speaker, sweep, registration, backup for database Board person, baking cookies or cooking chili for the "No Baloney" event, helping a IVW member change a tire, promoting the club to family, neighbor, or friends, taking photos, writing stories, providing AV equipment, etc.. The list goes on and on. Pick one or two that you feel comfortable doing and make that call to help today.

Let's all resolve to make our club better by becoming more active in the club!!

HELP IS SURELY ON THE WAY



## Lou McMurray's Presentation of "Tour de France as a Spectator" at Godfather's Pizza 618 Glen. Pk. Mar 8, 7:00 pm

I talked with the presenter, Lou McMurray and taped his remarks at the Riverplex recently, so in his words, this is what you can expect during his presentation; Lou's son was to be in England as a condition of his profession and Lou spotted an ad in "Adventure Cycling" about a "Tour de France" vacation that was scheduled for the week before Lou had planned to visit his son in England. This happy coincidence convinced Lou to respond to the ad and reserve a spot in France on the vacation/tour. The year was 2004 and the place Lou arrived at following a flight to France was a town called Lamouge, a place known for its fine porcelain products. The first night, Lou and his group stayed at a French Monastery that dated back to the Crusades. Inside there were armored figures and other trappings of French antiquity.

The next day, Lou and his group got on to the 13th stage course for the Tour de France race, 3 to 4 hours ahead of the racers. People had been lined up for hours already along the route, and clapped and exclaimed in many different languages as Lou and his stalwart bunch proceeded along. On the second day lunch was served at a beautiful French chalet.

Lou found that although he was a senior among younger riders he could hold his own, except against the powerful and enigmatic Duncan McDonald who sneered at the "soft Americans" during the mountain courses of the Pyrenees and Alps. At one sighting, Lou spotted Ivan Basso and Lance Armstrong coming up a hill on one of those occasions when his group waited on the racers to sweep past the group. When the racers were done in the mountains for a particular day, they would speed like crazy down the mountains heading back to their hotels, hungry as wolves. Lou went down also, but nearly got carpal tunnel gripping and releasing the brakes, unlike the racers.

A colorful Power-Point presentation will illustrate the romance and sport of the "Tour de France - OO La La...see you there Wed., Mar. 8....Lou McMurray.



**New Members:**

Shai M. and Liliana M. Wong..Peoria\*^

**Renewing Members:**

John Antram..... Morton\*^

Lori David.....Peoria \*^

Steve and Carol Hallock.....Peoria\*^

Karen King.....Normal\*^

Dirk, and Michelle McQuire  
and family.....East Peoria\*^

Rich and Twila Moore..... Dunlap\*^

Tom and Carol Romanowski...Peoria\*^

Chris Schena.....Peoria\*^

Mike and Vicky Stoughton and family  
.....Peoria\*^

Dorothy Venturi.....Peoria\*^

\* LIB ^ Advocacy

MARTY & JANIE POTTS PRESENTATION OF ANTIQUE BIKES, played in Peoria at Safety Town, Wed. 2/8 very successfully in the eyes of this editor. In addition to the presentation there were marshmallow treats and raisin cookies. and players decked out in period costumes, so eat your hearts out Fibber Magee and Mollie, where ever you are.

Marty brought 3 bikes, a female's drop frame Patee circa 1890's, an IDE tandem of the same period, and a 1888 Penny-Farthing. One interesting thing that Marty mentioned, is that there was only about a 10 year difference in the appearance of both types of bikes, the bone-shaker, which is an icon of the "Victorian" era and the equal-wheeled bicycle which was represented by the Patee and IDE.

The presentation dealt with the many places in Peoria, most of which have been reclaimed for other uses that were formerly used by the industry of bike making, which began it's death throes after the beginning of the 1900's and the advent of the Tin Lizzie. A very full handout was given to all members attending, which had about 13 pages, very nicely printed w/o the bluriness you find in similar photocopied pages. An overhead map of the present Bradley University showed places where the Duryea Automobile factory and a test track once were located. The "famous" Spencer St. hill was shown in an illustration. This street went up a steep hill and was used as a testing place for the pedalling efficiency of a bike, and the stamina/strength of a rider. The place where this street existed is seen in another recent photo (street itself no longer extant). The Bartholomew Co. building, where the earliest cars were produced is seen (and later made an appendix of the Pabst Brewery).

For me, one of the best parts of the program was the near ending, when the "boneshaker" was ridden in the parking lot at the rear of Safety Town, and mount and dismount of the awkward-looking vehicle was demonstrated. I would have enjoyed it more if I were Steve Kurt as the outside temperature was chilling.... Ed.

**IT'S NO BALONEY, FOLKS -**

MIKE PULA NEEDS YOU FOR THE "NO BALONEY" BIKE RIDE, SEPT. 23 AT JUBILEE COLLEGE HISTORIC SITE. MIKE HAS AGAIN VOLUNTEERED TO HELP CHAIR THE EVENT. HOWEVER, HE IS IN NEED OF TWO INDIVIDUALS TO CO-CHAIR. THIS WILL BE HIS LAST YEAR, AND THE BOARD AND MIKE FEEL IT WOULD BE GOOD TO GET A FEW MORE MEMBERS FAMILIAR WITH THE EVENT ORGANIZATION. IF YOU HAVE ANY INTEREST IN CO-CHAIRING THE RIDE, CONTACT MIKE AT 243-9394 OR <mrpula@hotmail.com>

**ALSO, OTHER CLUB UPCOMING MEETING EVENTS**

Club meetings are held the 2nd Wednesday of the month at 7:00 pm

APR. 12, "BIKING ACROSS THE UNITED STATES", Edith Albright, at Leonardo's, 5025 W. American Prairie, Peoria

MAY 10, "BICYCLE SWAP MEET", Chaired by Bill Clark, at Hines School gym, 4603 Knoxville Ave. <wdclark@insightbb.com>

**JUSTA WHOLE LOTTA STUFF GOIN' ON**

**SPRING BREAKOUT RIDE: APR. 8**  
APR. 8TH, SATURDAY, (TIME : TBA)  
RUSSELL'S CYCLE AND FITNESS IN WASHINGTON. ALL LEVELS. WATCH FOR MORE DETAILS, RIGHTCHEER.....

**TRI-PEORIA TRIATHLON CLUB**  
IS SPONSORING AN INDOOR TRIATHLON,  
MAR. 26, SUNDAY MORNING, RIVERPLEX, AS  
EARLY AS 7:00 AM OR AS LATE AS 11:30 AM  
FOR MORE INFO. <rshansen@insightbb.com>  
or call 693 - 9807

**Wisconsin Summer week-long Bike Rides:**  
SAGBRAW, July 30 - Aug. 5 and GRABAAWR, June 24 - July 1. You try to figure out what these acronyms mean, but the trips look like real keepers. For details, call 1-888-575-3640 or go to <www.bikewisconsin.org> you'll visit places like Marinette, upper Michigan border, Prairie du Chein, Door County, etc.

**IV WHEELM'N  
CHAIRPERSONS:**

**PRESIDENT:**  
Kathy John, 243-9191  
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wdclark@mtco.com

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pams@mtco.com

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wdclark@insightbb.com

**BIKE TRACKS.....**



☉ **BIKES FOR KIDS:** For those who do not know, "Bikes For Kids" is a program sponsored by the Salvation Army that takes donated bikes, puts them in working condition, and then distributes them to needy kids in the Peoria area. Over the years it has placed bikes into the lives of hundreds of young children. The IVW has supported the event by providing "mechanics" to help clean up and repair the bikes as needed. This year's event is tentatively scheduled for **Saturday, May 20th** at Sheridan Village Shopping Center. Put the date on your calendar and then come out and give to the biking community. "Mechanics" of all abilities and experience are needed. Also the donation of those old used bikes just taking up space in your garage will be appreciated. More information will appear in the April newsletter.

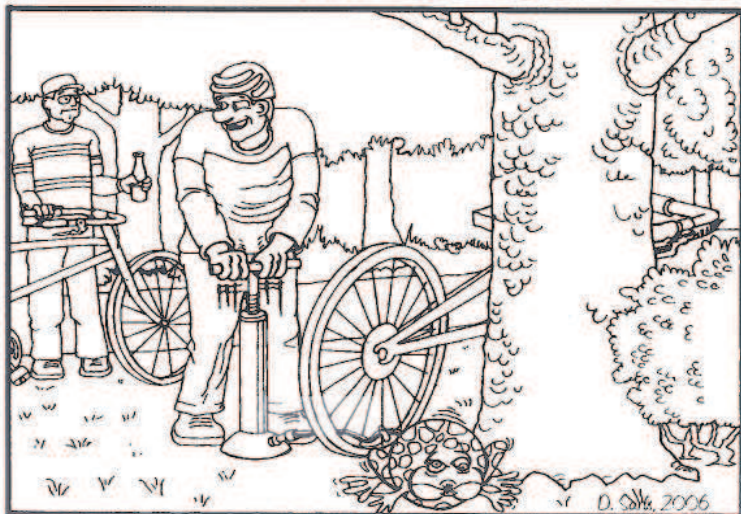
☉ **2006 SPRING LAGBRAU LITE RIDE:** May 20 -27, 2006. See Zion National Park, and Bullfrog Marina at Lake Powell. A ride designed for those not in peak shape, or who are uncertain of their abilities to handle the distances and climbs of the Fall LAGBRAU. The full Fall ride will take bikers to Canyon Land Nat'l Park, Arches Nat'l Park, and Dead Horse Point State Park. "IT DOESN'T GET ANY BETTER" To find out more, go to <www.lagbrau.com>

**CLASSIFIED ADVERTISEMENTS**

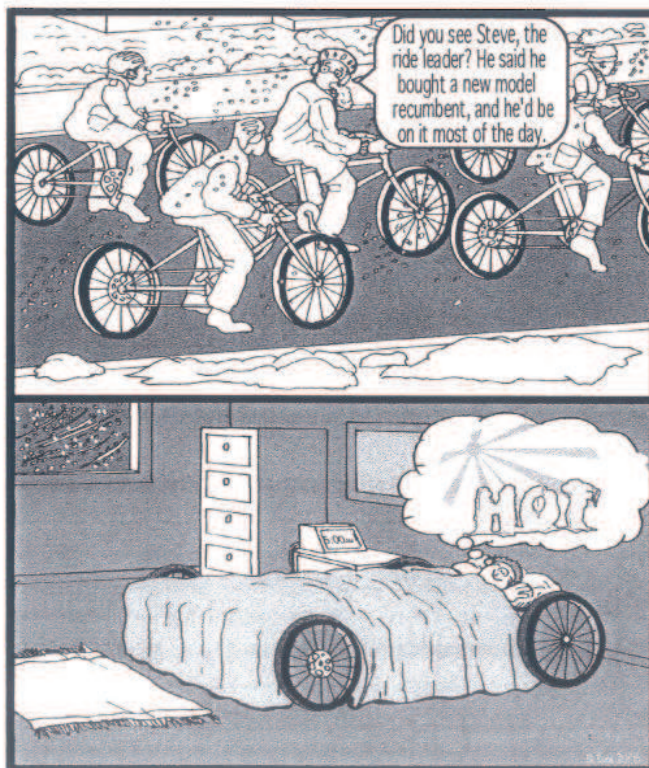
Don't forget to send to Denny Sans (thesans@insightbb.com), your member Classified Ads which are free of charge. For commercial advertisers contact Bill Clark at <wdclark@insightbb.com> .....

AD: Trek T-100 hybrid tandem, 21"/19" drk. grn...\$550. also Mopar hitch mount bike carrier for 1 1/4" receiver...\$75. Steve Miller, 674-4578 or <sven54@insightbb.com> ☉

**DENNY'S  
SPOKESTOONS**



I tried the archery club before cycling Delmar, and what a bummer - someone was always yelling at me, "Hit the target" or "Hit something, dummy".



## Illinois Valley Wheelm'n Winter Ride Schedule, 2006

*Closely view departure dates and times!*

**Daytime Tuesday Dunlap Show and Go** All levels of riders depart from the Dunlap Grade School at 10:00 am, weather permitting. We will ride if it is 40 degrees or warmer. Distance around 25 miles. Contact Laurie Wilbur (446-9367)

**Saturday Show and Go Washineton Level 3** Ride meets at Washington Square at 8:30 am all year. miles. Contact Laurie Wilbur (446-9367)

**Saturday Show and Go, from Russells all levels** Meet at Russell's in Washington at 8:30 am Saturday. Distance ranges from 25 - 40 miles and includes a meal stop.

**Sunday Show and Go Metamora Levels 1 & 2** Meet at Metamora's town square at 1:00 pm. Distance 20 - 30 miles. North route to Washburn or South route to Roanoke. Contact person Pam Hoehne (694-4828) or PAMS@mtco.com

**NOTE: The Spring, 2006 weekly ride schedule will appear in the April newsletter. We will begin the Spring riding schedule in April. The IVW will continue to offer a ride every day of the week, in addition to our many special rides during the season. I also have some new special rides planned for this year. I look forward to a great bicycling season..... Laurie Wilbur**

**SPECIAL NOTICE:** Thanks to the members that helped with the Beginner Rides on Wednesday evenings. We plan to offer these again, same day, having two people help each week. One of the leaders will be in charge of the ride from Dunlap Grade School. I can provide a variety of routes. The mileage is about 15 mi. each week at a beginner's level. If interested, to help 2-3 Wed evenings, May - Aug, let me know...L. Wilbur

**RIDE LEVELS: ( More details regarding ride levels is available on the website. Ride leaders can be contacted for specific details concerning their rides)**

**Beginner/Family** These rides are at a casual pace averaging less than 12 miles per hour and ride as a group.

**Level 1** Rides average 12 -14 miles per hour and regroup on a regular basis.

**Level 2** Rides average 13 -17 miles per hour and regroup occasionally.

**Level 3** Rides average 17 miles per hour and over. Riders may regroup periodically but should be prepared to ride in pace lines to keep from being dropped.

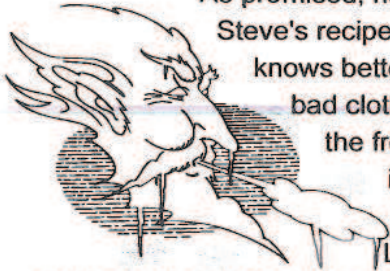
**Show and Go** Rides have NO leaders. The distance and speed is decided upon by the group, but governed by the ride level designated.

### Ride Rules:

- 1.) Riders must obey all Illinois Traffic Laws.
- 2.) Ride no more than two abreast and single file at intersections and in traffic.
- 3.) When riding in a large group, create space to help motorists pass safely.
- 4.) Use hand signals and obey all traffic signals.
- 5.) Check all intersections for traffic. Avoid "group think".
- 6.) Warn riders of potholes, dogs, cars, and other obstacles.
- 7.) Riders are strongly encouraged to wear approved helmets.
- 8.) Riders should make certain their bikes are in good working order.
- 9.) Riders should carry water and a spare tube for their wheel size.
- 10.) Riders should be prepared for weather conditions. Most rides will take place in all weather.
- 11.) Riders should arrive in time to be ready to ride at the start time.

**IVW** affiliated with the "League of American Bicyclists" On the Web at <http://geocities.com/ivw.geo> (Enter address as one line, no spaces)

## STEVE KURT'S WINTER RIDING RECOMMENDATIONS:



As promised, here is the second part of a 2-parter on "The Ice Man Cycleth", Steve Kurt. This is Steve's recipe for a "warm winter" biking experience (sounds like an oxymoron to me, but Steve knows better). **Steve says:** "Someone once said that there's no such thing as bad weather, just bad clothes." Keep this in mind as you sit on your spinner instead of being outdoors enjoying the freedom of the road. More than a few IVW riders have proven that it's possible to ride in temperatures well below freezing, and a select few even colder. So, how do you dress for this stuff?

Let's start at the top: **your head:** helmet cover: great for blocking wind and providing a bit more insulation. Stops rain and snow too.

**Balaclava:** This is the key to a warm head! Essential for weather below mid-30's. **Sunglasses:** Use yellow or pink lenses for cloudy days, or clear lenses for night riding. The lenses should be big enough to keep the wind out of your eyes.

**Torso:** Layers! Don't wear cotton! Use Poly-pro undershirt, wool or poly jersey, another layer if it's really cold and a jacket. The jacket should be windproof on the front but allow ventilation or be breathable. Gotta get the sweat out or you'll freeze. If you wear cotton, the sweat will stay near you and make you cold. Wool or poly will "wick" the sweat away from you.

**Gloves:** There are various types. Try to get something that will block wind or has a shell to do so. Make sure the gloves are big enough so that your finger tips don't hit the finger ends. To get the right size, buy it from the bike shop! **Glove Liners:** These can extend the temp. range of your warm gloves or even be used with summer gloves to keep you warm on cool Fall days. **Glove Shells:** Can add a windproof layer or even be waterproof to help out on rainy days.

**Legs:** Tights come in assorted weights and warmth. Average tights for cool days. Heavier tights like the Pearl Izumi Thermafleece for down to mid 20's. For temps. down to single digits try tights with heavy fleece-lined fronts.

**Feet:** Use wool socks, not cotton. Might even want a light liner sock, made of nylon, poly, or silk. Use toe covers for temps. around freezing. Use booties for colder temps.

**Other winter hints:** Cinders kill tubes. It's hard to fix a flat when it's 10 degrees F out, and you need to take off your bulky gloves to change the tube. Use Specialized Armadillo or Continental Gatorskins or tire liners to reduce the number of punctures and keep some light gloves (maybe glove liners) handy to wear when changing the tube. Or work with buddies to take turns working on it so your hands don't turn into a block of ice. ☺

Speaking of cold weather outings, SHELIA GRIBBLE club treasurer, encourages all club members to join her and others at Forest Park Nature Center every Wed. while it's cold at 4:45 pm for some hiking, which usually lasts for an hour. Bring a flashlight, as the hike ends near darkness. If there's a big snowfall meet instead at Donovan Golf Course, 5805 N. Knoxville for cross country skiing. All hikes cancelled in case of rain. ☺



### club member profile: **Lou McMurray**

Being a club newcomer, I first met Lou at the Riverplex a few weeks ago, and found him to be affable and energetic. Lou served in the Marines from 1952 to 1954. He retired from CILCO in 1995 with 41 yrs. of service. He was a maintenance electrician in the electrical power generating stations. He has been biking since 1990. Of his riding feats, he has done duathlons, triathlons, made the trip from NE Wisconsin and S. Minnesota to Peoria, and in 2004, as depicted on pg. 1, rode the 13th stage of the "Tour de France" route several hours ahead of Lance Armstrong and the pretenders.

He enjoys riding with beginning riders (at his 70+ years, probably to show them up) and running with beginning runners through the "Peoria Striders". He belongs to the "Peoria Striders", "the Tri-Peoria Triathlon Club" and the "Tri-Shark Triathlon Club" as well as the "Wheelmn". I think we can say Lou is a joiner.....E.d., D. Sans ☺

By popular demand and huge acclaim, and the other IVW board members nearly threatening me with physical harm unless I presented another "Fun Page", here it is. This time the fun items are a general category with a few cycle/bike thingies put in too.....your editor.(Thanks to Ron and Paula Douglas for thoughtful phone call, but let me know of your new email address, because the directory one didn't work.)

## **BIKE YUKS, AND ZEN WISDOM**

I was speeding down a narrow twisted mountain road, when an approaching woman going up the road, yelled "PIG! PIG!" at me as she came near. I made an angry rude gesture at her yelling "COW! COW!" Just then I collided with the pig.

I told my friend, "I'm tired of my dog - all he does is constantly chase bicycles". "So", my friend said, are you going to leave him in a kennel?" "Give him up?" "Lock him up?" "No, I said, that's too extreme, but I will have to confiscate his bike."

Jed and Ted were exploring the countryside on a tandem when they came to a steep hill and started their rigorous ascent. Perspiring the whole way and struggling to pedal the tough hill, they finally reached the top. Ted said, "Challenging hill." "Yes, said Jed, but luckily, I had my hand on the brake the whole time or we'd of rolled back all the way down."

It's always darkest before the dawn. So if you have a bike and are going to steal your neighbor's newspaper, that's the time to do it.

Don't be an irreplaceable club member. If you can't be replaced, you can't be promoted.

Never test the depth of the water with both feet.

If you think nobody cares if you're alive, try getting a newsletter out to everybody two weeks after the ride events.

Before you criticize someone in the bike club, you should walk a mile in their shoes. That way when you criticize them you're a mile away and you have their shoes.

Give a man a bike club membership and he will ride for a year. Teach him how to make a bike, and he'll quit the club the minute after and open a bike store.

If you lend someone \$20 and never see that person again, it was probably worth it.

Everybody in our bike club seems normal, until you get to know them.

## **GENERAL FOIBLES OF HUMAN HYPOCRISY AND AMBIGUITY**

- 1.) Atheism is a non-prophet organization.
- 2.) I went to the bookstore and asked the sales woman, "where's the Self-Help" section?" She said if she told me it would defeat the purpose.
- 3.) The main reason Santa is so jolly is because he knows where all the bad girls are.
- 4.) If someone with multiple personalities threatens to harm himself, is it considered a hostage situation?
- 5.) Is there another word for synonym?
- 6.) What do you do when you see an endangered animal eating an endangered plant?
- 7.) If a parsley farmer is sued, can they garnish his wages?
- 8.) If a boy scout's motto is, "Be Prepared, shouldn't a bicycle horn repairman's motto be, "Beep Repaired"?
- 9.) Would a fly without wings be called a "walk"?
- 10) How do they get the deer at Allen Road to cross only at those yellow signs?
- 11.) Can vegetarians eat animal crackers?
- 12.) Does the Little Mermaid wear an algaebra?
- 13.) If one Olympic synchronized swimmer drowns do the rest drown too?
- 14.) If my Italian wife (Marie) ate pasta and antipasta would she still be hungry?
- 15.) If a policeman arrests a mime does he have to tell him that he has the right to remain silent?

## tidying up info. tidbits:

### THE GITAP BIKE CLUB INCENTIVE:

Help your Bike Club aid the LIB and have a week of fun at the same time.

For every Bike Club with 5 members or more on **The Grand Illinois trails and Park Ride**, we will add 5% of their GITAP registration fees to that club's annual contribution to LIB. So, get together and help LIB and GITAP in their goal of offering cycling opportunities by calling Chuck at (309)-788-1845 or email <oestreich@qconline.com.> for info., or sign-up directly for GITAP by going to <[www.bike.org/gitap](http://www.bike.org/gitap)> 🌀

### CHICAGO BIKE SHOW AT NAVY PIER

COMING MARCH 25 AND 26, 2006. IT REMAINS THE LARGEST SHOW OF ITS KIND IN THE MIDWEST. THIS YEAR OVER 100 EXHIBITORS WILL BE ON HAND TO ANSWER QUESTIONS AND DISPLAY THE BEST THAT THE CYCLING INDUSTRY HAS TO OFFER. NEW THIS YEAR IS A SECTION WHERE KIDS CAN TEST THE BIKES. TIMES: SAT. 3/25, 9 AM - 7 PM, SUN. 3/26 10 AM - 5PM. ALL LOCATED IN FESTIVAL HALLA. FOR MORE INFO., CONTACT LIZ YOURELL AT 773-263-2590 OR <[www.chicagobikeshow.com](http://www.chicagobikeshow.com)> 🌀

**WINTER SOCIAL:** All club members are invited to the German American Society of Peoria, 7601 Harker Drive, Peoria on Fri., Mar. 24. We will meet at 6:00 and dine on traditional German food. The cost is \$10 for adults and \$5 for children. We had a great turnout in January when we met at "Apples", even though the weather was terrible. Please join your other club members for food, beer, (optional) and fellowship. 🌀

## talking about tandems, ruminating about Recumbents

Two types of bikes you don't see in the ordinary, are tandems and recumbents. As I first joined the Wheelm'n, I had never even heard of a recumbent. Excuse my ignorance. The pic of the tandem on top was supplied by Kathy John, club Prez., the bottom pic was also taken by Kathy on Jan. 19 on or near Legion Hall Road in rural Dunlap. That day the weather was in the 40's. This was a ride under the leadership of Laurie Wilbur, and the rider pictured was Dennis Tresenriter, on his faithful recumbent.

For now, with the other pages chock full, I'll just write about information that comes from an outside source, on tandem bikes. In our Apr. issue (just like Steve Kurt was featured in a mini-series) I'll write what I can gather about recumbents. The following is from John and Pamela Blayley:

"Tandems are an ideal choice for partners of different riding abilities who want to ride together. Also great for a rider with physical limitations riding with another with normal attributes. Tandems really fly on flats, rolling terrain, and downhills (doesn't most anything). They are judged to be difficult on hills.

Communication is the absolute key to riding a tandem. A tandem should not be recommended to a couple that always bicker, but for a couple that doesn't share many activities, a tandem would be perfect.

Not too surprisingly, attention has to be paid to certain details when deciding to buy a tandem, because they require it, and they can cost less than \$2,000, and up to \$6,000. The front of the bike should fit the "captain" (rider in front). To give one suggestion, the front seat tube should be smaller than the captain's roadbike because the most common method for stopping and starting involves having the "stoker" (person in back) clipped in, therefore the captain needs to be able to straddle the bike with both feet planted, while the stoker spins the pedals into position. Don't forget pedals hurt when they whack your shins, so the captain needs to get a wide stance over the bike."(To be continued in April)..... 🌀



# ILLINOIS VALLEY WHEELM'N MEMBERSHIP APPLICATION

Name #1 \_\_\_\_\_ Birthdate \_\_\_\_\_  
 (please print clearly)

Name #2 \_\_\_\_\_ Birthdate \_\_\_\_\_

Name #3 \_\_\_\_\_ Birthdate \_\_\_\_\_

Name #4 \_\_\_\_\_ Birthdate \_\_\_\_\_

E-mail address (print clearly) \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip + 4 \_\_\_\_\_

Zip +4 look-up website: [www.usps.com/zip4](http://www.usps.com/zip4)

Phone( ) \_\_\_\_\_

Signature (Name #1) \_\_\_\_\_ Date \_\_\_\_\_

(Parent or guardian, if registrant is under 18)

DISCLAIMER: In signing this form, I understand and agree to absolve the officers and members of the Illinois Valley Wheelm'n Bicycle of all blame for any injury, misadventure, harm, loss, or inconvenience suffered as a result of taking part in any activity sponsored or advertised by said organization

**Make check payable to: ILLINOIS WHEELM'N, 6518 North Sheridan Rd. Ste. 2, Peoria IL, 61614 -2933**

Are you renewing, or is this a new membership? (check one)  
 Renewing  New

If new, how did you find out about the club? \_\_\_\_\_

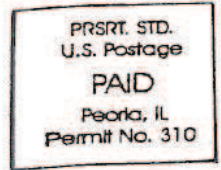
Are you a LAB member?(check one)  
 Yes  No

Basic membership:  
 Individual (\$10) \$ \_\_\_\_\_  
 household (\$12) \$ \_\_\_\_\_

Voluntary advocacy contribution:  
 (\$5, \$10, \$15, other) \$ \_\_\_\_\_

Total enclosed \$ \_\_\_\_\_

ILLINOIS VALLEY WHEELM'N  
 6518 SHERIDAN RD. STE. 2  
 PEORIA, IL 61614-2933



SHARE THE ROAD. MEMBER TIL: 11/27/2006

RON ANDERSON  
 203 LOCUST ST  
 WASHINGTON, IL 61571-2207

0.00