



ILLINOIS VALLEY

WHEELM'N



December 2006

greater peoria's bicycle club

Email @ iwwheelmn@yahoo.com



PREZ SEZ:

Way to go, Stacy Hannah!!! One of our newest members took a bold step to accept a committee position as Social Chair. It's always refreshing to see young people step forward to take on a major role in the club. We not only need young members to join our club, but we also need some of these

young people to get involved in the club as Stacy did by raising her hand at the annual banquet when the audience was asked if anyone would volunteer.

The majority of our membership is made up cyclists over 50. Now there's nothing wrong about cycling in our 50's, 60's, 70's and beyond, but in order for this sport/activity to continue for future generations, we need to attract a few more younger members. Having a young cyclist with new ideas and outlook will be an asset to the returning board and committee members.

Additionally Justin McWhirter has agreed to take over the role as the Webmaster for the club. Justin is in his fourth year of college and has been re-vamping the current website with Bill Clark. Justin has already done a great job with our website and plans to create a separate website for No Baloney (2 sites will be linked).

We also welcome Liliana Wong as the new Newsletter Editor. Her first issue will come out in February. I'm sure Liliana will do a great job as editor, and we thank her for volunteering.

Additionally, we want to welcome Patty Isit as a new committee member. Patty will be taking over as Mailer. We appreciate her taking on that task.

Then we must also thank our current board member, Sheila Gribble, for her role as Treasurer of the club. Sheila more than did her share for the club by handling that position for six years.

Bonnie Johnson deserves our admiration for taking on two committee positions for the club. She served as Social Chair for five years and then took on the additional duty as Mailer for two years. Wow!

Then we have Marge Semmens coming back to the board as Treasurer after serving as the President back in 2001. So thank Marge for coming back to serve again.

It's also nice to see members take on new roles. Dennis Sans is leaving as our Editor, but I'm sure he'll be around to assist with other IVW endeavors. He's already made us proud by submitting the winning design for the 2007 LIB bicycle plate. His design is displayed in this issue, on pg. 3.

Thanks everyone for a great year!!! To get more involved in the club, contact any board or committee member. There's always a need. We still need a No Baloney Ride Chair.....



Annual Banquet Notes/Happenings

The Wheelm'n Annual Banquet at the Lariat Club in Peoria produced good food and conversation, some club changes, end-of-the-year awards, and the board changes also referred to in the "Prez Sez" to the left.

Preliminary Board Meeting: Board members listened to Bonnie Johnson recommend a gift of \$412 to be given to a local Peoria charitable unit sponsoring homeless men. The money will purchase a bike rack for safe-keeping the bicycles which they use for transportation to and from work. The board vote was unanimous in favor of the gift.

2006 Awards

Most Improved Male Cyclist: Matt Dvorsky

Most Improved Female Cyclist: Liliana Wong

Hub of the Club: Kathy John

Gift certificates were given to all Ride Leaders, which includes Laurie Wilbur, Dennis and Peggy Tresenriter, Bonnie Johnson, Mike Pula, Sheldon Schafer, Pam Hoehne, Steve Kurt, Dave Schenk, Dirk McGuire, Rob Alexander, Edith Albright, Melissa McClure, and Msgr. Richard Soseman. Any of these listed who were not present at the banquet should receive their gift certificate in the mail.

Membership Dues: A consideration as whether to change the annual club membership dues was announced. The board suggestion was to increase the individual amount from the present \$10 to \$12, and the family membership from the present \$12 to \$15. A hand count vote was taken and there was an overwhelming majority to pass the increase.

New Members:

COMFORT, JIM.....PEORIA HGTS
GRAHAM, MICHELLE.....MANITO

Renewing Members:

BURROUGHS, PHIL & TERRY....PEORIA
DAVIS, LARRY D.....PEORIA*
GALBREATH, JOHN & JAN & FAMILY
.....PEORIA^*
GREMBOWICZ, CONRAD.....PEORIA
HART, BETTY.....EAST PEORIA^
KURT, STEVE.....DUNLAP^*
MILLER, STEVE.....WEST PEORIA
SCHENK, DAVID (& DONNA GOELZ) &
FAMILY..... PEORIA

LIB member * Advocacy ^

New Year's Day Ride

The New Year's Day ride will be hosted by Bill and Marge Semmens at 10214 N. Forrest Dr., Peoria, IL. The ride begins at 1:00 pm, so be ready to ride at that time. There will be a 15 and a 25 mile ride. If you don't want to ride but would like to attend the potluck afterwards, try to arrive by 3:00. Please bring a covered dish. You can reach Marge and Bill at 693-9388.

IVW CHRISTMAS PARTY

The IVW Christmas Party will once again be hosted by J.D. & Dena Keenan. The festivities will begin at 6:30 p.m. on Saturday, December 2nd. Please bring a side dish, appetizer, or dessert to share.

The Kennans live at 1107 West Bennet Ct., Dunlap, in the Bennington Park subdivision. To get there, take Knoxville north to Hickory Grove Road. Turn right on Hickory Grove and turn right again at the 2nd right onto Bennett Ct. The Keenan house is the 2nd house on the left.

Please RSVP no later than November 30th. Call 309-243-5507 to let the Keenan's know you are coming.

.....*Santa (and the Kennans)*

Classified Ads

Classified ads for club members are welcome. Please e-mail your advertisements to thesans@insightbb.com as an attachment.

The ad MUST be formally key-boarded as a "Word" or "Word Perfect" document.

Commercial ads are also welcome at a charge of \$25 for 1/2 page ad \$50 for a full-page ad. Please send an electronic document compatible with Windows to: thesans@insightbb.com plus a hard copy to: Dennis Sans, 2238 Autumn Drive, Pekin, IL 61554. All materials (including payment) must be received no later than the 15TH of the month preceding the appearance of the ad.

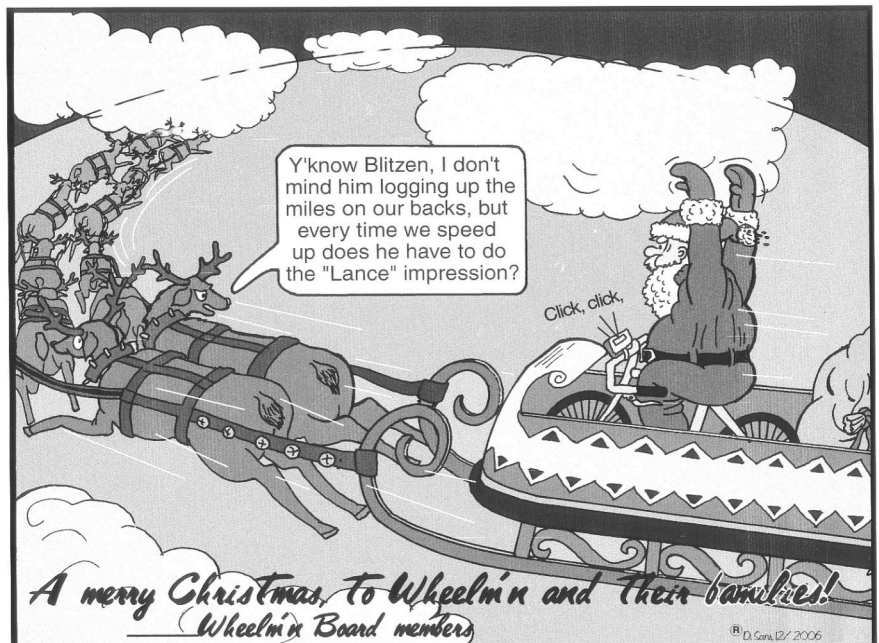
Future IVW Meetings

(7 p.m. at Safety Town)

February 7 – Speaker to be announced. IVW May 2007 Bike Trip to Spain & France" by Jack Welch has been **CANCELED!!!**

March 14 - "Trek Bike Mechanic in France" plus a tire-changing demo by Al Enslow

April 11 - "Group trip to 2007 RAGBRAI?" by Roger & Kathy John (See page 4 for Ragbrai details.)



IV WHEELM'N CHAIRPERSONS

PRESIDENT:

Kathy John 243-9191
runners2@npoint.net

VICE PRESIDENT:

Bill Clark 347-4841
wdclark@insightbb.com

SECRETARY:

Pam Hoehne 681-0206
pamela.shuckhoehne@sbcglobal.net

TREASURER:

Sheila Gribble 243-7822
sgribble4@juno.com

RIDE CHAIRPERSON:

Laurie Wilbur 446-9367
rcwilbur@att.net

SOCIAL CHAIR AND MAILING:

Bonnie Johnson 682-7771
bon1jon2@sbcglobal.net

DATABASE:

Larry Davis 691-3060
davis.lar@insightbb.com

ADVOCACY/GOVERNMENT RELATIONS

Eric Hutchison 688-7038

EDITOR:

Dennis Sans 347-8740
thesans@insightbb.com

WEBMASTER:

Bill Clark 347-4841
wdclark@insightbb.com

IVW Website:

<http://www.ivwheelmn.org>

Advance sneak peek at 2007 LIB special license plate for purchase for use during April/May, 2007. Designed by Dennis Sans, Newsletter Ed.



IVW cyclists interested in attending RAGBRAI? (If we get 30+ responses, we'll form a team.)

RAGBRAI is Register's **A**nual **G**reat **B**icycle **R**ide **A**cross **I**owa to be held July 22-28, 2007. We've considered putting together a team of IVW cyclists to go to this event.

Before we commit a lot of time and effort into planning, reserving a charter bus, reserving a small moving van, getting two people to drive a van, scouting out the route for potential home or church lawns to camp, etc...; we need to know if there is a true interest from our club members in attending this week-long (sometimes grueling, hot weather) event.

Typically you bike around 60-70 miles per day for 7 days starting on a Sunday and ending on a Saturday. The cost of registering for the ride is \$135. Then there would be the added cost of (divided up by 35-45 cyclists) for: a charter bus to take us to the start (other side of Iowa and another bus to bring us back); a small moving van (to haul our equipment); fees for "renting" home or church sites to camp & use facilities; fuel for the van; goodies to eat each day before/after the ride; and other miscellaneous expenses.

Please contact me if you have any interest in participating and I'll put together a list. If we have at least 30 interested now, then we'll start the process. If we don't have that many, we'll need to reevaluate the situation. Also let me know if you or your spouse would be interested in driving the moving van (and not cycling). Additionally, let me know if you'd like to be involved in the planning process and we'll put together a small committee.

I can be reached at runners2@npoint.net or at (309) 243-9191 or by mail: Kathy John, 6927 W. Legion Hall Road, Dunlap, IL 61525. Please contact me during the month of December (don't send any money at this time). I just need a head count now, to see if we have at least 30 IVW cyclists. This could be a real fun event.

(RAGBRAI website: <http://www.ragbrai.org/>)

DECEMBER 13, 2006 -- **Seminar**

"Becoming a Better Cyclist"

No matter what level you are at, this should interest you. Tri-Peoria's vice president, Beth Haynes, has lined up some very accomplished local cyclists to share training tips and what helped them achieve success. Then they'll open the floor for questions and discussion. This will be at Proctor in classroom #3, beginning at 6 p.m. Mark your calendar, you won't want to miss this!

Saturday Show and Go Level III: Ride meets at Washington Square at 8:30 a.m. all year. Distance varies from 25-60 miles.

Saturday Show and Go From Russell's All Levels: Meet at Russell's in Washington at 8:30 a.m. Saturday. Distance ranges from 25-40 miles and includes a meal stop.

Sunday Show and Go Metamora Levels I and II: Meet at Metamora Town Square at 1:00 p.m. Distance is 20-30 miles. North route to Washburn or south route to Roanoke. Contact person is Pam Hoehne (681-0206) or pamela.schuckhoehne@sbcglobal.net

Ride Levels:

(Ride leaders can be contacted for specific details concerning their rides)

Beginner/Family: These rides are at a casual pace averaging less than 12 miles per hour and ride as a group.

Level 1: Rides average 12-14 miles per hour and regroup on a regular basis.

Level 2: Rides average 13-17 miles per hour and regroup occasionally.

Level 3: Rides average 17 miles per hour and over. Riders may regroup periodically but should be prepared to ride in pace lines to keep from being dropped.

Show and Go: Rides have NO leaders. The distance

Ride Rules:

1. Riders must obey all Illinois Traffic Laws.
2. Ride no more than two abreast.
3. When riding in a large group, create space to help motorists.
4. Use hand signals and obey all traffic signals.
5. Check all intersections for traffic.
6. Warn riders of potholes, dogs, cars, and other obstacles.
7. Riders are strongly encouraged to wear approved helmets.
8. Riders should make certain that their bikes are in good working order.
9. Riders should carry water and a spare tube for their wheel size.
10. Riders should be prepared for weather conditions.

Notice: New Year's Resolutions

Is anyone interested in a little friendly mileage competition with other bicyclists? There is no charge to log your miles at www.bikejournal.com. They keep track of your mileage as well as our club's mileage. Some are going to give it a try in 2007. Anyone else interested? Maybe we can challenge another bike club. Greg Durst, Edith Albright, Fred Smiser, Denny Tresenriter are a few of our club members using this site.

Bike Rides for 2007

Are you interested in planning a Special Ride in 2007? Let a board member know. We are always looking for new rides and ride leaders. Please contact a board member.

LIB Extra from the League of American Bicyclists:

Share the Road Videos Sent to Driver Ed Programs

Videos were sent out to 900 high school Driver Ed depts. and police and sheriffs all over the state. Coming with guides, and test questions, the videos are all about bicycling safety and relationships between motorists and cyclists. The 7 min. DVDs were narrated by bike racer Robbie Ventura. Dean Schott, LIB's Outreach Director, brought the project to fruition. You can take a look at the Production by going to www.bikelib.org/video

LIB Part-time Job Opportunities:

Contact LIB at www.bikelib.org for further details on immediate openings.

Membership and Development Director. Coordination and research Averages up to 10 hrs./ week paid.

Complete Streets Auditors. Review new road projects for accessibility. One position for Chicagoland, one for other urban areas. Average up to 25 hrs./mo., paid. Listed as college internships but others may apply.

Project Assistant. Process and mail LIB surveys from website. Couple hrs./mo. (more possible), paid or volunteer.

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We Have Computers and Electronics from Under \$30!



Garmin Edge 305 with HRM

\$349.99

Compare at \$379.99



Shimano Dura-Ace Pedals

\$179.99

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Compare at \$169.99



Park IB-2C Mini Tool

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Compare at \$16.99



Wrench Force Deluxe Tool Kit

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Compare at \$149.99

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(309) 673-2734

One block south of South Side Bank

Everyone has a Wish...

ILLINOIS VALLEY WHEELM'N MEMBERSHIP APPLICATION

Name #1 _____ Birthdate _____
(please print clearly)

Name #2 _____ Birthdate _____

Name #3 _____ Birthdate _____

Name #4 _____ Birthdate _____

E-mail address (print clearly) _____

Address _____

City _____ State _____ Zip + 4 _____

Zip +4 look-up website: www.usps.com/zip4

Phone() _____

Signature (Name #1) _____ Date _____

(Parent or guardian, if registrant is under 18)

DISCLAIMER: In signing this form, I understand and agree to absolve the officers and members of the Illinois Valley Wheelm'n Bicycle of all blame for any injury, misadventure, harm, loss, or inconvenience suffered as a result of taking part in any activity sponsored or advertised by said organization

Make check payable to: ILLINOIS WHEELM'N, 6518 North Sheridan Rd. Ste. 2, Peoria IL, 61614 -2933

Are you renewing, or is this a new membership? (check one)

Renewing New

If new, how did you find out about the club? _____

Are you a LAB member?(check one)

Yes No

Basic membership:

Individual (\$10) \$ _____
household (\$12) \$ _____

Voluntary advocacy contribution:
(\$5, \$10, \$15, other) \$ _____

Total enclosed \$ _____

ILLINOIS VALLEY WHEELM'N
6518 SHERIDAN RD. STE. 2
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