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Illinois Valley Wheelm’n is affiliated with the following non-profit organizations:



A note from your president

Happy July everyone. Hope you are having a great summer so far and staying cool. I have been enjoying my summer thus far. Last month as many of you know I participated in GOBA. GOBA is the Great Ohio Bicycle Adventure. It is a weeklong ride that takes place in mid/late June every year.

This year it took place in northern Ohio around Lake Erie. I rode 6/7 days. The other day I had the opportunity to go to Cedar Point, which I had never been to before. It was a fun experience. I didn't go on all the coasters but I got my share. Many of you might wonder if our crazy weather followed me to Ohio. The answer is yes. I was only affected for two days. The rain wasn't bad but the worst part was setting up and taking down tent in the rain.

The terrain for the week was mainly flat with lots of lake views. I was able to visit a few islands and see two lighthouses. Each town was very accommodating. I think one highlight of the week for me was visiting Rutherford B. Hayes museum and family home. I had the pleasure of sitting in the replica president's desk. How fitting for a president to sit in the president's chair.



Some of you might wonder how my luggage got from place to place. The answer is a luggage truck. Every day we went to a new town we packed up our luggage and threw it on. The week went by quick as most vacations do, but I had a great time. I managed to complete the week without any flats or real mechanical issues. If you are looking for a trip to do next year I would highly recommend it. Keep on riding and hope you all had a safe and fun July 4th!

- Becca

Looking for a webmaster

There is a notable phrase that most of us are familiar with – ‘All good things must come to an end.’ Well, for IVW, this phrase is being applied to Jim DeVore. Recently, Jim has accepted a transfer with Caterpillar to Clayton, North Carolina. The exact time frame haven't been established, but he is expecting to move by September. If you have some experience with web design or just want to help the club with maintaining the website or know someone who can help, please contact Jim (jim@jimandcindydevore.com) so he can sit down with the person and train him/her prior to September. It would really help the club.

Lincoln Library Read a Book Bike Giveaway

As many of you know, IVW has always promote and encourage recreational and utilitarian cycling. In fact, it is the number one directive in the mission statement. In following this directive, the club again has made a donation to the Lincoln Library's Read a Book Bike Giveaway summer program. The \$3000 donation was used to purchase bikes to be awarded to any kids who have meet the summer reading program requirement. All the qualified readers will have their names enter into a drawing for a chance to win a bike. Bike Peoria also made donation of \$1500 in supporting this reading program. We are **now** looking for volunteers to assist in giving the bikes away on Friday July 19th, 9am at Lincoln Library. If you are interested in handing out bikes to some happy kids, please contact President Rebecca Senneff (sennrrr@aol.com).

iCan Bike seeking volunteers



Kids. Therapy. Progress.

Easter Seals is once again seeking volunteers to help children with disabilities learn how to ride their bike during the week long iCan Bike Camp from July 29th to August 2nd at Eastside Centre in East Peoria. They are looking for some energetic individuals who will act as spotters for each of the children participating. Volunteer spotters will show up for the same 75 minute session from Monday to Friday. He/she must be able to run or walk at a fast pace. To volunteer, click on this link [Be A Volunteer](#). For more info, contact Tammy Wright (twright@ci.easterseals.com, 309-686-1177 ext.2294).



No Baloney Ride planning rolling along

The 46th NBR planning is in full swing with Isaac and Andrea Grimm. The August 24th ride will be held at Kennel Lake Sportsman Club in Morton again. Isaac has been busy scouting new routes last month and will be finalizing the routes this month. Andrea is busy coordinating volunteers needed for food preparation, food servers, route marking as well as other position needs. If you to want to be a helper but plan on riding, there are many volunteer shifts you can sign up before and after your ride, depending on what distance you are doing. Without Isaac, Andrea and the volunteers, NBR wouldn't have been able to continue last year and this year. If you only have a few hours to spare before or after the ride, both Isaac and Andrea would love it if you can help out. Or if you like to just help and not ride, they have shifts throughout the day. Go to <http://www.ivwnobaloney.com>.



Crash advice from The Cyclist Lawyer – from Cycliq newsletter

While we hope we are never in a crash situation on the bike, the reality is that it can happen. And when it does, you need to be prepared. We spoke to Cycliq Ambassador and public advocate Megan Hottman aka The Cyclist Lawyer about what to do in this situation, your rights as a cyclist, and how important it is to record everything on your Cycliq camera or any camera. You can check it out [here](#).

Cycliq Videos of the Month (Bonnet Pirouette)

Alex was trundling along the road (because the bikepath was closed for roadworks) when a car cut across his path hitting him head on! The turned his bike and Fly6 cam into a virtual forensic drone capturing the crash scene. Somehow, he walked away with just a few sitiches. [video1](#)

(Monthly May-hem)

You'll be aMAYzed and dismayed by the MAYstakes and MAYdness. MAYbe show it to your MAYtes or a barMAYd. MAYny laughs and MAYmories will be MAY'd. [video2](#)

If you are an early riser, you should join Bryan's ride

Do you get up at the crack of dawn? Do you like to get your ride in early so you can have the rest of the day to run errands, do landscaping on your yard or just spend time with the family? If you answered yes to any of the questions, then you should join Bryan Wilburn's Saturday Morning Double Espresso Ride. He will have you back home by 9am. The Saturday Morning Double Espresso Ride meet at 30/30 Coffee on Main St. at sunrise with typical distance between 35-40 miles with a quick espresso stop at Eli's in Morton. The goal is to get 35+ miles and a coffee all in 2.5 hours and back home early. Please do not park in the 30/30 parking lot as there will be spots on the street. Start time are as follow: *May* – 6am, *June* – 5:30am, *July* – 6am, *August* – 6:30am, *September* – 7am, *October* – 7:30am.

Ideas for 2019

We want to hear any ideas you may have for any club activities for next year. It can be theme rides, picnic, happy hours, bowling or whatever your love desire, the club wants your input. Let any of the club officers know.

Where have you taken your jersey?

Did a recent bike tour with your IVW jersey some place warm? Send me a photo of you sporting the club kit (old or new) and a brief description of where it took place. We will included in the January Monthly Note.



Becca taking a break.



Becca posing with the Port Clinton mural.



The Marblehead lighthouse.

Thanks for reading the July Monthly Note. If you have any rides, events or announcements you want to share with the club, please email it to be posted in the August Monthly Note. Keep the rubber side down. See you all out on the road.

Becca Sennett - Illinois Valley Wheelm'n President

Classified Ads

Classified Ads from club members are welcome. If you have something bicycle related items you want to sell or you are looking for a bike related item, email your ad to faimok534@gmail.com. If the item is sold, please let me know so your ad can be remove from the posting.

For Sale, Specialized Ruby Elite Road Bike for woman 5'2" to 5'3". Bought in Summer of 2015 but barely used because of health issues. Original price \$2750, asking price \$1200. Items thrown in for free with purchase: odometer, 12"by 9" canvas carrying case that fits on back of bike, bike stand for 2 bikes. Contact Cora Lynn Green – cora_lynn@yahoo.com or phone after 4/25 (309-683-3083 preferred, alt 309-643-8142)



For Sale, pre-owned Saris trunk rack, \$35. Contact Julie – skidurd@sbcglobal.net

Wanted, Pam Hoehne is looking to buy a quality good used hybrid bike to fit a person about 5'10" to 6'. The one she shared with her son was stolen. Call Pam@309-339-9777.



For Sale, Men's Castelli full zip short sleeve jersey, size 3XL. Nice bright yellow color. It did not fit me. \$44 or best offer. Contact Tom Moses (bassplayer974@gmail.com)

