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Illinois Valley Wheelm’n is affiliated with the following non-profit organizations:



Note from the Prez

Happy October everyone! Can't believe it is fall already. Last weekend was my last big ride of the season. Hilly Hundred took place in Ellettsville, IN last Friday, Saturday and Sunday.

Hilly is a great ride. Yes, it is called Hilly for a reason, but it is only 50 miles a day and there is also a short route of 36 miles. The scenery is beautiful. Sometimes the leaves haven't quite changed color but it is still a site to be seen.

There are many options for overnight. Every year we stay in the gymnasium of the grade school but there is outdoor camping as well as the option to bring your camper. There is plenty of space for many many people. If you are interested for next year, check it out at www.hillyhundred.org.

There was another ride last weekend. Unfortunately, I couldn't go. It was the Pumpkin Pie Ride, which took place in Ottawa, IL last Sunday. There were many route options. As the name implies, there will be pumpkin pie afterwards. There are also many microbrewers in the area as well as wineries and Starved Rock State Park.

I also wanted to inform you of a great B & B that just opened in my dad's hometown of Tiskilwa. If you are looking for a weekend getaway for biking or just getting away from Peoria, this may be the place for you. It is only 45 minutes from Peoria. They have taken an old home and renovated it into a masterpiece. They even have a jacuzzi tub! If you are interested, please take the time to look into it. I promise you won't be disappointed! Enjoy the rest of the season before it gets too cold!

Get well soon

Peggy Tresenriter has a serious fall several weeks ago while away from the bike. She was finally released from the hospital to go home yesterday. You can send your well wishes to her at ptresenriter@comcast.net. If you like to mail her a card, send it to: 523 Cottonwood Circle, E. Peoria, IL 61611

Descent weather for the 7th Meet-in-the-Middle Ride

This year's MITM Ride was truly a fall ride as temperature was in the low 50's in the morning and warmed up to a typical 70ish degree afternoon. One of the rider started out on the wrong note by getting a pinch flat on a pot hole near the Pioneer Parkway Trail starting point. His replacement tube did not hold air either. Instead of calling off the ride, he decided to ride back home to swap the wheel off his other bike. I guess living less than a mile from where he flatted gave him incentive to rejoin our group at the East Peoria stop, where everyone was feasting on bagels, donuts, coffee and juice. When we arrived at Mackinaw, the McLean County Wheeler members were there to greet us, along with State Representative Keith Sommers and Mackinaw major Craig Fiend. With the cool temperature and tailwind, we made good time heading back to Peoria. A big thank you goes out to Randy Anderson's wife, Marilyn, who stepped up to volunteer to man the East Peoria and Morton food stop the night before the ride. Without her, us riders would not have breakfast to eat. Click on the [link](#) to see more photos.



Riders arriving at the Junction City Shopping Center stop.

Bike Laugh Heal! NYC comedian biking across country

What is a good way to raise money for a good cause? About cycling across the country and stopping along the way to perform stand-up comedy. That is what New York City comedian Mara Marek is doing. She was in Peoria's Juke Box Comedy Club in September performing a stand-up comedy show before riding onto Lincoln, Nebraska that week with the final destination being Oakland, California. Rebecca Senneff, Glen Firme and Fai Mok got to see her performed. Mara explained to the audience she wanted to raise money to fight domestic violence while cycling across the country. The goal is to raise \$750,000 to prevent domestic violence and support survivors on their journey to safety, health and laughter. To learn more about it or make a donation, go to www.bikeloughheal.org



Cycliq Videos of the Month

Ever wonder why some people decide to take a selfie while driving? Us too. – [video](#).

Helpers needed for Cemetery Ride

Pam Hoehne is looking for some volunteers to hand out candies at during the Cemetery Ride on Saturday morning, October 20th. Contact Pam at pshuckhoehne@gmail.com or 309-339-9777 if you would like to help.

2019 club officers & award nomination

As we are nearing the end of another year, it is time to start thinking who will be your club officers for 2018 (president, vice president, treasurer & secretary). You can also nominate yourself. Remember, IVW can only function if there are members leading it. The club is also looking for nomination for the Most Improved Male & Female Rider award and the Hub of the Club award. The HOC historically has been awarded to a club member who went out of their way to represent the club and/or make sure some aspect of the club was extra special. Please include a short paragraph explaining why you nominate that person. You can email all nominations to pshuckhoehne@gmail.com. We will have the election and voting of the awards at the Holiday Dinner.

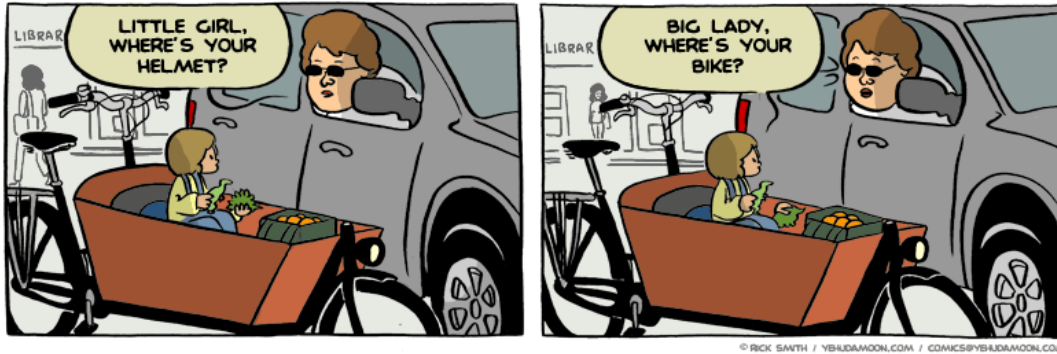
End Of The Year Dinner date set

Mark your calendar, the 2018 EOTY Dinner date is set! The location will be at Bernardi's Pub, Lake of the Woods Plaza in Dunlap on Saturday, November 10th 6pm. Family style chicken dinner includes spaghetti with meat sauce, vegetarian pasta dish, green beans, salad, coffee or tea. \$20 per person. The club will provide everyone with one drink ticket (beer, wine or soft drink) and appetizers. RSVP Bev Ketel (b.ketel434@comcast.net) if you plan to attend. Deadline for reservation is November 5th.

Get your mileage in for 'Most Miles in the Saddle' award recognition



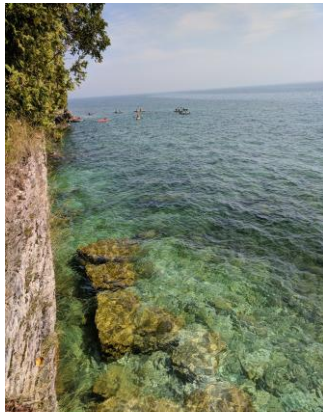
How was your riding this year? Been to many scenic places and logged in lots of miles? Why not get recognized for your outstanding effort and participate in this year's 'Most Miles in the Saddle' award? For those of you who did not use the **NATIONAL BIKE CHALLENGE** to track your mileage, you still can submit it to vice president Pam Hoehne(pshuckhoehne@gmail.com). All mileage count regardless if it's from commuting, trip to the store or just plain old recreation as long as it was log in between **November 1st, 2017 and October 31st, 2018**. We will announce the winner at the End of the Year Dinner so submit those mileages now.



Share your bike adventures

Participate in a memorable bike tour recently? Planning to partake one soon? Send us your stories and photos of your adventures and share it with the club for next edition of the IVW Monthly Note.

Several rides in the fall has become my favorite because of the scenery. One in particular is the Peninsula Fall Challenge at Sister Bay, WI. Not only do you get to ride by a camel farm, but you also have a rest stop at Cave Point County Park, which offer some cliff view of Lake Michigan. My favorite part of the ride is the post ride meal, consisting of gourmet tacos from local caterer Thyme Catering, cherry crisp from Seaquist Orchards (They also sell apple butter, cherry jams and their famous fudge) and homemade ice cream from the Door County Ice Creamery. In addition, you get to sample beers from Door County Brewing Co. The best part of Peninsula Fall Challenge in my opinion is a big portion of the proceed help maintain the local trail system whether it is for hiking, cycling or cross-country skiing. The proceed also help the local Chamber of Commerce put on family friendly events throughout the year around Door County. —Fai Mok



Cliff view of Lake Michigan at Cave Point County Park.



A couple of people launching their kayaks at the bottom.



Camels roaming the field at the camel farm.



A calm morning up by Gills Rock beachfront.

Ideas for 2018

We want to hear any ideas you may have for any club activities for this year. It can be themed rides, picnic, happy hours, bowling or whatever your heart desires, the club wants your input. Let us know.

Where have you taken your jersey?

Did a recent bike tour with your IVW jersey some place warm? Send us a photo of you sporting the club kit or any jersey and a brief description of where it took place. We will include in the Monthly Note.



Rebecca Senneff taking a tour on Washington Island north of Door County Wisconsin.



Rebecca Senneff at the Door County Century in Sturgeon Bay, WI.



(L to R) Fai Mok, Denny Riehl and Terry Hunt at the Hilly Hundred weekend.

Thanks for reading the October Monthly Note. If you have any rides, events or announcements you want to share with the club, please email it and have it added in the November Monthly Note. Keep the rubber side down. See you all out on the road.

Rebecca Senneff - Illinois Valley Wheelm'n President

Classified Ads

Classified Ads from club members are welcome. If you have some bicycle related items you want to sell or you are looking for a bike related item, email your ad to faimok534@gmail.com. **If the item is sold, please send update so your ad can be remove from the posting.**

- **For Sale**, pre-owned Saris trunk rack \$35. Contact Julie – skidurd@sbcglobal.net



- **For Sale**, Sigma bike computer (Model BC 16.12). It does all the usual stuff like distance and speed. But it also gives you cadence and the air temperature reading. I'd like to get \$60 for it. It's brand new and still in the original shipping box. Contact Bill Semmens. BSemmens5@comcast.com

- **Wanted**, Pam Hoehne is looking to buy a quality good used hybrid bike to fit a person about 5'10" to 6'. The one she shared with her son was stolen. Contact Pam@309-339-9777.

- **Wanted**, Bicycle trailer to hold two grandkids. Contact Jack Brejc@309-264-3175, jbrejc@hotmail.com

- **For Sale**, Men's Castelli full zip short sleeve jersey, size 3XL. Nice bright yellow color. It did not fit me. \$44 or best offer. Contact Tom Moses (bassplayer974@gmail.com)



- **For Sale**, 700 X 23 Vuelta alloy wheels. 10 speed hub, Shimano Ultegra set up (cassette not included). Come complete with tubes and tires. \$60. Contact Dan Weakley @309-681-0968, wilyecoyote@att.net.

