



Content – pg 2 Note from the Prez
 pg 2 Good summer weather for 45th NBR
 pg 4 Cycliq Videos of the Month
 pg 4 Helpers needed for Cemetery Ride
 pg 4 7th Meet-in-the-Middle Ride is on Sept. 22nd
 pg 4 2019 club officers & award nomination
 pg 5 Vintage & Steel Bike Ride to Tanner’s
 pg 5 If you are an early riser, join Bryan for an early ride
 pg 6 Bike BloNo hosting Tour de Taco
 pg 6 Ideas for 2018
 pg 6 Where have you taken your IVW jersey?
 pg 7 Have a look at the Classified Ads

IVW Board Members	
<i>President</i> – Rebecca Senneff 614-769-4770, sennrrr2008@att.net	<i>Ride Coordinator</i> – Fai Mok 517-927-9425, faimok534@gmail.com
<i>Vice President</i> – Pam Hoehne 309-339-9777, pshuckhoehne@gmail.com	<i>Membership Data-keeper</i> – Steve Kurt 309-621-1550, kurtsj0011@gmail.com
<i>Secretary</i> – Randy Senneff 309-253-3052, rrsenneff@yahoo.com	<i>Social Event Coordinator</i> – Bev Ketel 309-696-8952, b.ketel434@comcast.net
<i>Treasurer</i> – Richard McDonell 309-370-1063, rwmcdonn01@yahoo.com	<i>Trash Pickup Coordinator</i> – Neil Terry 309-573-4416, terryna@telstar-online.net
<i>No Baloney Director</i> – Isaac & Andrea Grimm NoBaloneyBicycleRide@gmail.com	<i>Webmaster</i> – Jim DeVore 309-657-9302, jim@jimandcindydevore.com

Illinois Valley Wheelm’n is affiliated with the following non-profit organizations:



Note from the Prez

Happy September everyone! Man has the summer flown by! Hope everyone has been getting biking in despite this crazy weather we've been having.

I hope everyone had a great time on No Baloney and thanks to everyone who participated, donated, or volunteered. It was a great success. Andrea and Isaac did I great job.

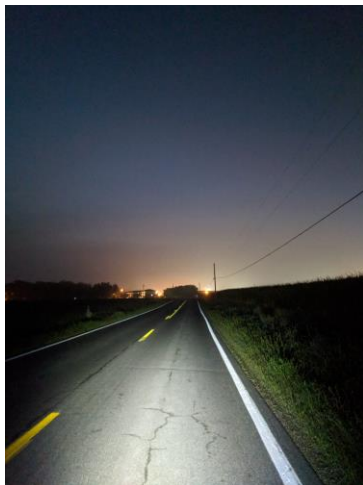
Last Friday, I headed up to Door County for another biking adventure. I had been doing this one for several years now. It's called the Door County Century. Before you ask, I did not to ride the century due to me still recovering and not doing more than a metric this year.

This ride took place in Sturgeon Bay, WI. It is a great ride that tries to span the whole door county from sturgeon up to almost the tip, Washington Island. Along the way there is great scenery including parks and lighthouses. Every year I find something new.

Biking wise it is not too hilly so it is great for all ages and always perfect weather. This ride is always the weekend after Labor Day however there is another ride this weekend that Fai enjoys. It is more of the northern part. I have never done it but if it sounds interesting. Contact him for more details. Hope everyone gets out and enjoys the weather when it allows. Have a safe and fun rest of September. Ride on!

Good summer weather for 45th NBR

It might had been a new starting location with new ride directors, but the 45th No Baloney Ride was as good as prior years, if not better. Three hundred and nine riders didn't mind the damp foggy breezy morning that lead to a hot windy afternoon. We had a high number of participants who signed up for the century route compared to previous 5 years. Thanks to Isaac Grimm's meticulous effort with route planning and Andrea Grimm's detail execution of food prep and volunteer coordination, everyone I talked to expressed positive feedback. A big thank you goes to both Issac and Andrea's family for helping with set up and tear down; Brent Baker, Matt Giannis and Jill Wahl of Bike Peoria and Fai Mok for serving food at the New Castle Bible Church rest stop; D&G Trikes of Tremont for usage of their facility for rest stop as well as serving food; Jim DeVore, Heather Fitzanko, Morgan Grigsby, Michelle McGuire and Fai Mok with registration & check-in; Jim Kamp, Ann Kamp, Dirk McGuire and Michelle McGuire with food serving at Kennel Lake Sportsmen Club; Dick McDonnell and Bev Ketel, Issac Grimm, Andrea Grimm and Susan Hood with food prep; Jack Brejc, Isaac Grimm, Steve Grube, Steve Kurt, Dirk McGuire, Mike McCormack and Rebecca Senneff with route marking; Jim DeVore, Glen Firme, Issac Grimm, Andrea Grimm, Steve Kurt, Fai Mok and Rebecca Senneff with clean-up.



Riding to the start of No Baloney.



Some early birds checking in at registration.



Early morning fog eventually burned off.



First group of riding at the New Castel Bible Church.



Jane Shorewood rolling through the fog with a group.



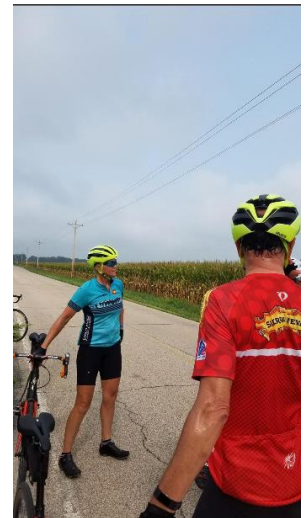
Reid Hansen (in green) & Charley Sieck (in yellow) shooting the breeze.



Andy Crosman with wife Sarah refreshing on some Gatorade and Payday.



Jane Shorewood rolling through the fog with a group.



Cathy and Dave Gromer taking five somewhere.



The famous No Baloney chili with nacho chips.



Club president Rebecca happy with the routes.



Congrats to Dave & Jane Shorewood for completing their first century ride.



NBR director Andrea Grimm packing up items after the last riders' finished.



NBR director Isaac Grimm getting some help loading up coolers and unused items.

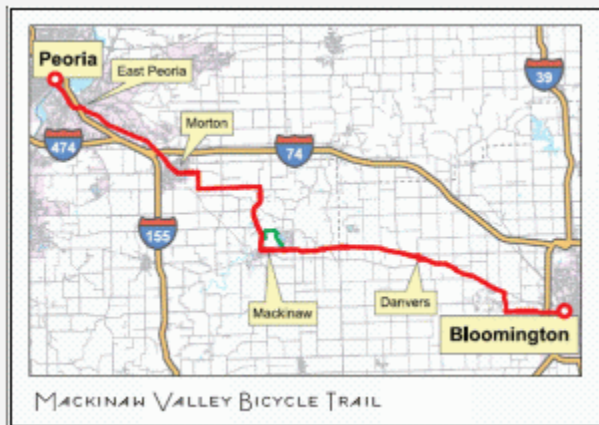
Cycliq Videos of the Month

The action can come to you when you are least expecting it. – [video 1](#). Just when you think you have seen everything on a ride. – [video 2](#).

Helpers needed for Cemetery Ride

The club is looking for some volunteers to hand out candies at during the ride on the morning of Saturday, October 20th. Contact Pam at pshuckhoehne@gmail.com or 309-339-9777 if you would like to help.

7th Meet-in-the-Middle Ride is on Sept. 22nd



On October 1st, 2011, Ride Illinois (formerly the League of Illinois Bicyclists) invited IVW & McLean County Wheelers members to celebrate the official opening of the Mackinaw Valley Trail route. The MVT route is part of the long term plan drawn up by Ride Illinois, Tri-County Regional Planning Commission (TCRPC) and Illinois Dept. of Natural Resources (IDNR) to connect the Rock Island Trail in Peoria area with the Route 66 Trail in Bloomington-Normal and eventually north to the Illinois & Michigan Canal. Members from both clubs that day started riding from their respective ends of the trail, meeting up in Mackinaw. On Saturday Sept. 22nd (**Sept 29th rain out date**) IVW and MCW will once again take part in this ride as participants will once again meet at the Village of Mackinaw. There will be festivities at the village square. The plan is to have multiple starting locations along the way with the group starting at the farthest point picking up riders along the route leading to

Mackinaw. We will also have a group starting from Russell's in Washington to Mackinaw. Questions? Contact Ride Coordinator Fai Mok. (faimok534@gmail.com) See route - <https://www.strava.com/routes/6609258>

2019 club officers & award nomination

As we are nearing the end of another year, it is time to start thinking who will be your club officers for 2018 (president, vice president, treasurer & secretary). You can also nominate yourself. Remember, IVW can only function if there are members leading it. The club is also looking for nomination for the Most Improved Male & Female Rider award and the Hub of the Club award. The HOC historically has been awarded to a club member who went out of their way to represent the club

and/or make sure some aspect of the club was extra special. Please include a short paragraph explaining why you nominate that person. You can email all nominations to senrrrr2008@att.net. We will have the election and voting of the awards at the Holiday Dinner.

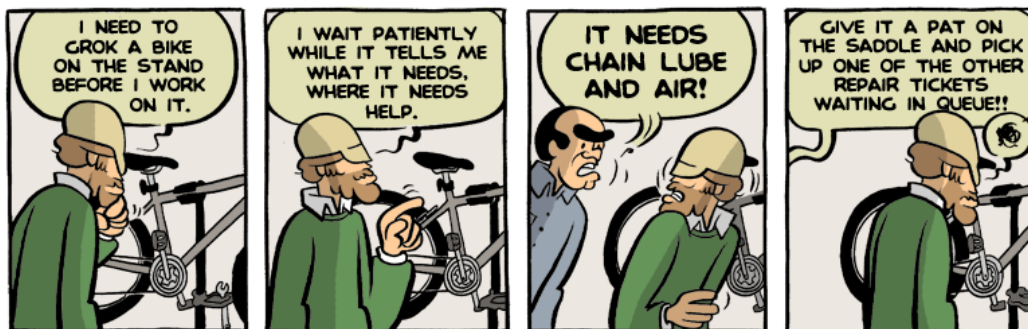
Vintage & Steel Bike Ride

Have a bike from the 70's and 80's? Here is a chance to ride with fellow vintage & steel bike enthusiasts and perhaps show off the pride of your fleet! It's intended to be a medium speed ride along quiet rural roads north of Peoria, IL, including a stretch along the scenic Illinois river... nothing too serious, and no drops. The opportunity to enjoy a couple of warm donuts at Tanner's Orchard is just an extra perk! We will start and finish from Shore Acres Park, 100 Park Blvd in Chillicothe. Meet in the parking area adjacent to the swimming pool. (<http://www.chillicothe-park-district.org/shore-acres-park>) The distance will be roughly 40 miles with speed around 16mph or so. The plan is to regroup at turns and key points to keep the group from getting too broken up. Tanner's Orchard will be the mid-ride destination & break. (<http://www.tannersorchard.com/>) There are baked goods, hot cocoa, coffee, water and restrooms. Plenty of apples and cider are available too, but you will want to bring a pannier or big saddlebag to carry it. Fortunately, it is mostly downhill from Tanner's. Be sure to bring some snack and water en-route Tanner's and be prepared to handle any mechanical issues that might occur. The hills going up the Illinois River Bluffs is pretty modest, except for an initial bit of steepness at the bottom for about 1/4 mile at 10% gradient. There are a variety of moderate rolling hills as well as some flat ground in the river flood plain. Road conditions are primarily narrow rural roads with chip seal surfaces and very little traffic. This is Illinois so there are spots with poorer conditions, especially one 100 foot stretch of small gravel. I've ridden it on 23mm tires and don't consider it to be an issue. Contact me, Steve Kurt for more info. (kurtsj0011@gmail.com)

See route (<https://ridewithgps.com/routes/25797104>) and cue sheet (<https://www.flickr.com/photos/kurtsj00/albums/72157696657345642>).

If you are an early riser, you should join Bryan's ride

Do you get up at the crack of dawn? Do you like to get your ride in early so you can have the rest of the day to run errands, do landscaping on your yard or just spend time with the family? If you answered yes to any of the questions, then you should join Bryan Wilburn's Saturday Morning Double Espresso Ride. He will have you back home by 9am. The Saturday Morning Double Espresso Ride meet at 30/30 Coffee on Main St. at sunrise with typical distance between 35-40 miles with a quick espresso stop at Eli's in Morton. The goal is to get 35+ miles and a coffee all in 2.5 hours and back home early. Please do not park in the 30/30 parking lot as there will be spots on the street. Start time are as follow: *May* – 6am, *June* – 5:30am, *July* – 6am, *August* – 6:30am, *September* – 7am, *October* – 7:30am.



Bike BloNo hosting Tour de Taco



Tour de Taco is social bicycling event that involves groups of cyclists riding to locally owned restaurants to eat tacos! The goals of the event are to build the confidence of cyclists riding around town, promote safe and responsible riding, increase the visibility of cyclists following the rules of the road and support local business. Proceeds from the event will go towards Bike BloNo's advocacy efforts, which are focused on safety and expansion of on-street bike routes in the Bloomington-Normal community. The ride is on Saturday, Sept 15. Check-in starts at 10am, opening speakers, followed by a safety briefing, will begin at 11am. The first pod will be released around 11:15am. The tour will last approx. five hours depending which of the 10 routes you choose. For info or registration, go to <https://bikeblono.org/taco/>.

Ideas for 2018

We want to hear any ideas you may have for any club activities for this year. It can be themed rides, picnic, happy hours, bowling or whatever your heart desires, the club wants your input. Let us know.

Where have you taken your IVW jersey?

Did a recent bike tour with your IVW jersey some place warm? Send me a photo of you sporting the club kit (old or new) and a brief description of where it took place. We will include in the Monthly Note.



Jim DeVore during the Triangle of Opportunity Ride.



Fai Mok and Rebecca Senneff at the 2 Rivers Century up at Kankakee even though they're not in IVW jersey.

Thanks for reading the September Monthly Note. If you have any rides, events or announcements you want to share with the club, please email it and have it added in the October Monthly Note. Keep the rubber side down. See you all out on the road.

Rebecca Senneff - Illinois Valley Wheelm'n President

Classified Ads

Classified Ads from club members are welcome. If you have some bicycle related items you want to sell or you are looking for a bike related item, email your ad to faimok534@gmail.com. **If the item is sold, please send update so your ad can be remove from the posting.**

- **For Sale**, pre-owned Saris trunk rack \$35. Contact Julie – skidurd@sbcglobal.net



- **For Sale**, Sigma bike computer (Model BC 16.12). It does all the usual stuff like distance and speed. But it also gives you cadence and the air temperature reading. I'd like to get \$60 for it. It's brand new and still in the original shipping box. Contact Bill Semmens. BSemmens5@comcast.com

- **Wanted**, Pam Hoehne is looking to buy a quality good used hybrid bike to fit a person about 5'10" to 6'. The one she shared with her son was stolen. Contact Pam@309-339-9777.

- **Wanted**, Bicycle trailer to hold two grandkids. Contact Jack Brejc@309-264-3175, jbrejc@hotmail.com

- **For Sale**, Men's Castelli full zip short sleeve jersey, size 3XL. Nice bright yellow color. It did not fit me. \$44 or best offer. Contact Tom Moses (bassplayer974@gmail.com)



- **For Sale**, 700 X 23 Vuelta alloy wheels. 10 speed hub, Shimano Ultegra set up (cassette not included). Come complete with tubes and tires. \$60. Contact Dan Weakley @309-681-0968, wilyecoyote@att.net.

