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Illinois Valley Wheelm’n is affiliated with the following non-profit organizations:



Note from the Prez

Happy September everyone! I hope you all have continued to get some riding in. I know I have. First off, I would like to thank everyone who participated in the No Baloney Ride. We had a great turnout. There were 400 total riders this year. Special thanks to all the volunteers, especially Andrea and Isaac Grimm for organizing everything. We had great weather.

I had the opportunity to do the 100-mile route and it did not disappoint despite the hiccup the day before which added a detour of 2 miles. We traveled some new roads this year that I thought were nice and less traveled. Mackinaw was a great loop location. I'm sure some may disagree due to the fact that in order to get into and out of Mackinaw one has to climb. There was a little bit of wind but as long as you weren't riding alone it was fine. When we returned to Kennel Lake it was nice to have some entertainment as well as the opportunity for massages. The food was great. Chili and tacos normally isn't a great combo for me but after a 102-mile ride I think most of us would eat anything! Lol.

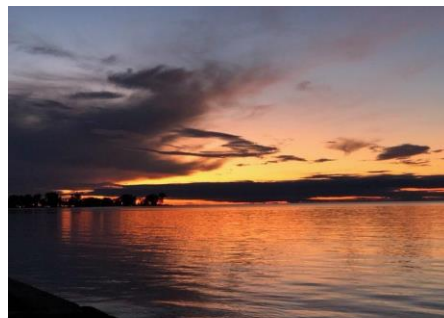
This past weekend I had the opportunity to go to Door County, Wisconsin again with my fellow rider Sarah Gray and met some long time friends from Chicago as well. For those of you who don't know where Door County is it is in the far northeast tip of Wisconsin. It was about a 6-7 hour drive. They are known for their cherries and wineries. While we were there I rode two days and went to 7/8 wineries as well as a few breweries. If you like sweet wines then you would love it. The ambiance was also lovely. Each winery had its own little thing I liked but mostly the scenery.

Door County is right on Lake Michigan as well as Sturgeon Bay. Each town had a beach and despite the temps being a little chillier than usual I took advantage and got in the water. There is a great park (Peninsula State Park) that we rode through. They have a nice lighthouse as well as several little hills to climb. The main ride we did was the Door County Century. I did not however ride the century. I chose to do 70-mile loop so I could partake in all of the things Door County had to offer. It started in Sturgeon Bay and took us around the bay side as well as the lakeside.

We had a rest stop at horseshoe bay as well as Bailey's Harbor. There was also a stop at a lighthouse but it has changed over the years and now the Coast guard owns the property so one can only go certain places. My favorite food at the rest stop was of course cheese curds. Who can go to Wisconsin and not eat them? When we returned to the start/finish they had a meal of fajitas for us and of course adult beverages and cherry pie. They were delicious. I met several new people from all over. According to their stats there were 40/50 states represented. I hope some of you can join us next year. It is always the weekend after Labor Day. Enjoy the rest of the month and see you on the road! - Becca



Sarah Gray with your president.



Sunset over Sturgeon Bay.



Wisconsin's well-known cherry pie.



Post ride group photo.

Large turnout for 46th NBR

The 46th No Baloney Ride had a turnout bigger than last year thanks likely to the cool temperature. Over four hundred riders enjoy the sunny calm morning. Even though the wind did pick up as the morning progress to the afternoon, most participants welcome the breeze to keep them cool. This year, we had participants from as far as St. Louis, Champaign and Crystal Lake(northwest of Chicago) experiencing this Central Illinois ride. Thanks Isaac Grimm's meticulous effort with route planning and Andrea Grimm's detail execution of food prep and volunteer coordination, everyone expressed positive feedback. When you see Isaac and Andrea, give them a pad on their back for doing a fine job putting on this annual event as it takes months and months of planning and coordination of many volunteers. Speaking of volunteers, a big thank you goes out to everyone who helped to make the ride a success!



'Hang loose' sign flashed by a participant.



Everybody welcomed bike racks this year.



A rider sporting the 2015 NBR jersey.



We invited all the bike shops to NBR this year and promote their store.



Nothing but wide open roads and cows.



The new pavilion at Mackinaw was a perfect location for a food stop this year.



Some members of the infamous Clydesale Club with Dave & Cathy Gromer, Ron Chandler, Dave & Jane Shorewood & Jennifer Sandenaw-Horstmann.



People chit-chatting after their meal outside.

Cycliq Video of the Month

Lawless August – Here is a selection of videos sent in to us during August. More proof (as if we ever needed any) that you should always be recording your ride because you never know when something is going to happen! – [video](#) **Make Cyclists Human Again** – One of the biggest problems on the road is that drivers don't see cyclists as human ([read more here](#)). We want to show the world that you are humans and to do so we are offering our community \$100USD of a Light and Camera Safety System in exchange for a picture of your wonderful face! Lots of people have sent in theirs already so get snapping and join the movement!

Send us your selfie and we'll **give you \$100USD off a brand new Cycliq light and camera safety system.**

Simply:

1. Take a selfie on your bike.
2. [Send it to us](#) on the website.
3. Receive your exclusive discount code within 24 hours.
4. Apply to check out.

PLUS!

The best selfie will be chosen at the end of month and they will be refunded the full cost of their purchase!

Hurry, this deal is only for September.

Vintage & Steel Bike Ride to Tanner's Sept 28

Have a bike from the 70's and 80's? Here is a chance to ride with fellow vintage & steel bike enthusiasts and perhaps show off the pride of your fleet! It's intended to be a medium speed ride along quiet rural roads north of Peoria, IL, including a stretch along the scenic Illinois river... nothing too serious, and no drops. The opportunity to enjoy a couple of warm donuts at Tanner's Orchard is just an extra perk! We will start and finish from Shore Acres Park, 100 Park Blvd in Chillicothe. Meet in the parking area adjacent to the swimming pool at 8:30 for a 9am rollout. (<http://www.chillicotheParkDistrict.org/shore-acres-park>) The distance will be roughly 40 miles with speed around 16mph or so. The plan is to regroup at turns and key points to keep the group from getting too broken up. Tanner's Orchard will be the mid-ride destination & break. (<http://www.tannersorchard.com/>) There are baked goods, hot cocoa, coffee, water and restrooms. Plenty of apples and cider are available too, but you will want to bring a pannier or big saddlebag to carry it. Fortunately, it is mostly downhill from Tanner's. Be sure to bring some snack and water en-route Tanner's and be prepared to handle any mechanical issues that might occur. The hills going up the Illinois River Bluffs is pretty modest, except for an initial bit of steepness at the bottom for about 1/4 mile at 10% gradient. There are a variety of moderate rolling hills as well as some flat ground in the river flood plain. Road conditions are primarily narrow rural roads with chip seal surfaces and

very little traffic. This is Illinois so there are spots with poorer conditions, especially one 100 foot stretch of small gravel. I've ridden it on 23mm tires and don't consider it to be an issue. Contact me, Steve Kurt for more info. (kurtsj0011@gmail.com)

See route (<https://ridewithgps.com/routes/30754654>) and cue sheet (<https://www.flickr.com/photos/kurtsj00/albums/72157696657345642>).

McLean County Wheelers hosting Easterseals Charity Ride

The McLean County Wheelers is partnering with Bloomington-Normal Easterseals this September 28th's Easterseals Charity Ride to help raise funds. This inaugural bike ride celebrates the 100th anniversary at Easterseals. If you like to run, they have a fund-raising event too. Run The Woods trail run is on October 5th. Both of these events showcase the non-profit organization's Timber Pointe Outdoor Center, their camp on Lake Bloomington for kids of all abilities. For info on the ride go to www.eastersealsci.com/cycle100. For info on the run go to www.runthewoods.org.

8th Meet-in-the-Middle Ride a dandy

Last Saturday's MITM Ride took place near ideal biking condition. The group started at the Pioneer Parkway trail access parking lot with a comfortable temperature of 58 degree. As everybody reached Mackinaw, only a light breeze picked up and the temperature was only in the low 80's. This year, we had some riders forming their own route to Mackinaw. The McLean County Wheelers had a few sub groups as well. It was a welcome to see some new faces.



1 of 3 flats the group had on Saturday.



A rider sporting the 2015 NBR jersey.



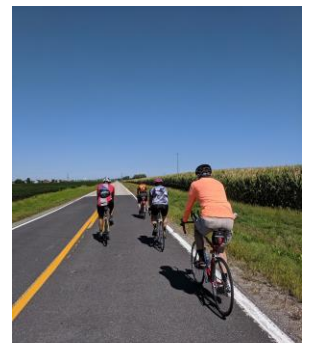
Taking a food break in Morton.



Fai Mok & McLean Co Wheelers' VP Rick Boser.



Group photo of both clubs.



Wally Born and friends.

Looking for a webmaster

We are looking for a webmaster. Jim DeVore has transferred with Caterpillar to Clayton, North Carolina. For the meantime, Ride Coordinator and newsletter editor Fai Mok has temporary assume the role. If you have some experience with web design or just want to help the club with maintaining the website or know someone who can help, please contact Jim (jim@jimandcindydevore.com) so he can talk with the person and train him/her via Skype. It would really help the club.

2020 club officers & award nomination

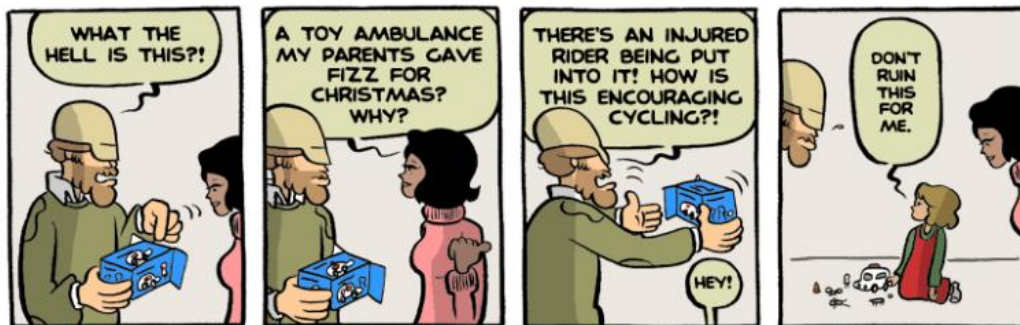
As we are nearing the end of another year, it is time to start thinking who will be your club officers for 2020 (president, vice president, treasurer & secretary). You can also nominate yourself. Remember, IVW can only function if there are members leading it. The club is also looking for nomination for the Most Improved Male & Female Rider award and the Hub of the Club award. The HOC historically has been awarded to a club member who went out of their way to represent the club and/or make sure some aspect of the club was extra special. Please include a short paragraph explaining why you nominate that person. You can email all nominations to sennrrr2008@att.net. We will have the election and voting of the awards at the Holiday Dinner.

Al Covington to lead Armington Pancake Ride

Al is interested in starting up Larry Paustian's Armington Pancake Ride again. Larry hasn't been able to ride the last few years and no one has been doing his ride. Those interested will meet Al from the Tremont Pool parking lot at 9am on November 5th. Please RSVP Al via email Covingtonal@gmail.com.

If you are an early riser, you should join Bryan's ride

Do you get up at the crack of dawn? Do you like to get your ride in early so you can have the rest of the day to run errands, do landscaping on your yard or just spend time with the family? If you answered yes to any of the questions, then you should join Bryan Wilburn's Saturday Morning Double Espresso Ride. He will have you back home by 9am. The Saturday Morning Double Espresso Ride meet at 30/30 Coffee on Main St. at sunrise with typical distance between 35-40 miles with a quick espresso stop at Eli's in Morton. The goal is to get 35+ miles and a coffee all in 2.5 hours and back home early. Please do not park in the 30/30 parking lot as there will be spots on the street. Start time are as follow: *May* – 6am, *June* – 5:30am, *July* – 6am, *August* – 6:30am, *September* – 7am, *October* – 7:30am.



Ideas for 2018

We want to hear any ideas you may have for any club activities for this year. It can be themed rides, picnic, happy hours, bowling or whatever your heart desires, the club wants your input. Let us know.

Where have you taken your IVW jersey?

Did a recent bike tour with your IVW jersey some place warm? Send me a photo of you sporting the club kit (old or new) and a brief description of where it took place. We will include in the Monthly Note.

Thanks for reading the September Monthly Note. If you have any rides, events or announcements you want to share with the club, please email it and have it added in the October Monthly Note. Keep the rubber side down. See you all out on the road.

Rebecca Sennett - Illinois Valley Wheelm'n President

Classified Ads

Classified Ads from club members are welcome. If you have some bicycle related items you want to sell or you are looking for a bike related item, email your ad to faimok534@gmail.com. **If the item is sold, please send update so your ad can be remove from the posting.**

- **For Sale**, pre-owned Saris trunk rack \$35. Contact Julie – skidurd@sbcglobal.net



- **For Sale**, Sigma bike computer (Model BC 16.12). It does all the usual stuff like distance and speed. But it also gives you cadence and the air temperature reading. I'd like to get \$60 for it. It's brand new and still in the original shipping box. Contact Bill Semmens. BSemmens5@comcast.com

- **Wanted**, Pam Hoehne is looking to buy a quality good used hybrid bike to fit a person about 5'10" to 6'. The one she shared with her son was stolen. Contact Pam@309-339-9777.

- **Wanted**, Bicycle trailer to hold two grandkids. Contact Jack Brejc@309-264-3175, jbrejc@hotmail.com

- **For Sale**, Men's Castelli full zip short sleeve jersey, size 3XL. Nice bright yellow color. It did not fit me. \$44 or best offer. Contact Tom Moses (bassplayer974@gmail.com)



- **For Sale**, 700 X 23 Vuelta alloy wheels. 10 speed hub, Shimano Ultegra set up (cassette not included). Come complete with tubes and tires. \$60. Contact Dan Weakley @309-681-0968, wilyecoyote@att.net.

